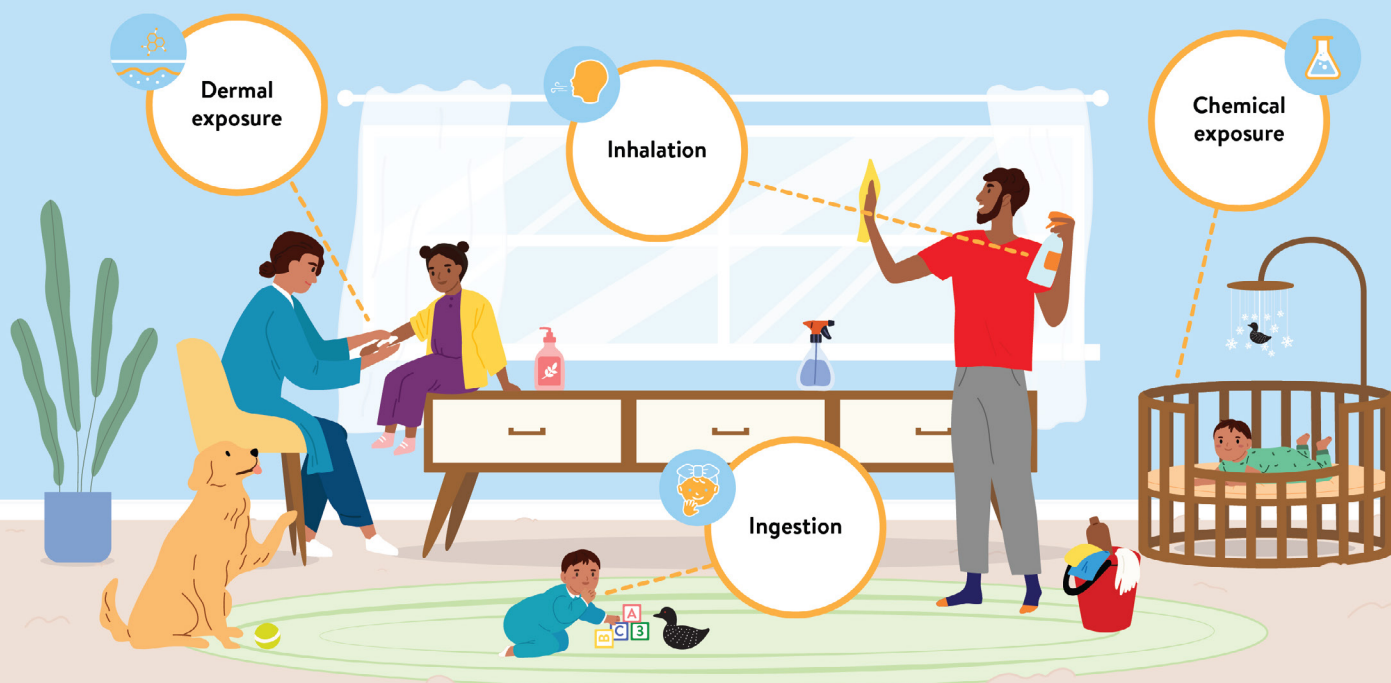


# PATHWAYS OF EXPOSURE TO POTENTIALLY HARMFUL CHEMICALS



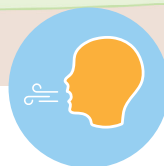
## Dermal (skin) exposure

Some personal care products and cosmetics can contain phthalates and metals that can lead to dermal exposure.



## Chemical exposure

Chemical exposure can occur from using products like composite wood furniture, which may contain formaldehyde from glue and adhesives.



## Inhalation (breathing)

Household cleaning products may contain phthalates, which are used for a perfumed smell.



## Ingestion (eating and drinking)

Chemicals can escape from household items and settle in dust. Due to hand to mouth activity children can ingest dust containing these chemicals.

## How to reduce exposure to these chemicals

- Vacuum your home and use a damp cloth to remove dust from surfaces. Chemicals from some products can settle in household dust.
- Check product labels to avoid chemicals you are concerned about and purchase products that are made with safer chemicals.
- If possible, remove and dispose of household items (old baby bottles, furniture, electronics) that are known to be made with Priority Chemicals and Chemicals of High Concern.

## Learn more about Priority Chemicals and Chemicals of High Concern

Scan the QR code to find out more about the program and the work that's being done.



## Toxic Free Kids Program

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[www.health.mn.gov/communities/environment/childenvhealth/tfka/index.html](http://www.health.mn.gov/communities/environment/childenvhealth/tfka/index.html)