



## Liiska Qaboojinta

### Cooling Log

#### Somali

Kuqor waxyaabaha aad aragto iyo talaabooyin kasta oo toosin ah liiskaan. Hubi heerkullada iyo talaabooyinka sixitaanka ee loo baahan yahay **KAHOR** xadigga 2 saacadood iyo **KAHOR** xadigga 6-saacadoo. Kafiiri bogga xigga tusaalayaasha isticmaalka.

#### English

Record observations and any corrective actions on this log. Check temperatures and take needed corrective actions **BEFORE** 2-hour limit and **BEFORE** 6-hour limit. See next page for examples of use.

Wax soo saarka cuntad a (Food product )	Taariikhda (Date)	Qaboojintu waxay bilaabatay:  <i>Saacada ayaa tirin bilaabaysa marka cuntadu gaarto heerkulka 135°F (Cooling started: Time/Temp. <i>Clock starts when food is 135°F</i></i>	Wax ka yar 1 saacad:  <i>Waqtiga/Heerkulk a. Saacada ayaa tirin bilaabaysa marka cuntadu gaarto heerkulka 135°F (Cooling started: Time/Temp. <i>Clock starts when food is 135°F</i></i>	Wax ka yar 2 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 2 hours: Time/Temp. <i>Must be 70°F or below before 2 hours)</i></i>	Wax ka yar 3 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 2 hours: Time/Temp. <i>Must be 70°F or below before 2 hours)</i></i>	Wax ka yar 4 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 2 hours: Time/Temp. <i>Must be 70°F or below before 2 hours)</i></i>	Wax ka yar 5 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 2 hours: Time/Temp. <i>Must be 70°F or below before 2 hours)</i></i>	Wax ka yar 6 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 41°F ama ka hoosayso kahor 6 saacadood (Less than 6 hours: Time/Temp. <i>Must be 41°F or below before 6 hours)</i></i>	Waxaa kormeeraay (erayada hore ee magaca shaqaalah a) (Monitore d by (employee initials))

LIISKA QABOOJINTA | COOLING LOG

Wax soo saarka cuntad a (Food product )	Taariikhda (Date)	Qaboojintu waxay bilaabatay:  <i>Saacada ayaa tirin bilaabaysa marka cuntadu gaarto heerkulka 135°F (Cooling started: Time/Temp. <i>Clock starts when food is 135°F</i></i>	Wax ka yar 1 saacad:  <i>Waqtiga/Heerkulk a. (Less than 1 hour: Time/Temp.)</i>	Wax ka yar 2 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 2 hours: Time/Temp. <i>Must be 70°F or below before 2 hours)</i></i>	Wax ka yar 3 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 3 hours: Time/Temp.)</i>	Wax ka yar 4 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 4 hours: Time/Temp.)</i>	Wax ka yar 5 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 70°F ama ka hoosayso kahor 2 saacadood (Less than 5 hours: Time/Temp.)</i>	Wax ka yar 6 saacadood:  <i>Waqtiga/Heerkulk a. Waa inay tahay 41°F ama ka hoosayso kahor 6 saacadood (Less than 6 hours: Time/Temp. <i>Must be 41°F or below before 6 hours)</i></i>	Waxaa kormeeray (erayada hore ee magaca shaqalah a) (Monitore d by (employee initials))

**Waxaa xaqiijiyay (erayada hore ee magaca PIC ama maareeyaha shaqada ku jira) \_\_\_\_\_ Taariikhda: \_\_\_\_\_**

**(Verified by (PIC or manager on duty initials): \_\_\_\_\_ Date: \_\_\_\_\_)**

**Talaabooyinka toosinta ah (Corrective actions):**

## Tusaale

Tusaalah A, maadada cuntada ayaa si badqab leh u buuxinaysa xadiyada 2 saac iyo kuwa 6 saac labadaba. Tusaalah B, maadada cuntadu ma buuxin shuruudaha waqtiga/heerkulka, waana in meesha laga saaro.

## Example

In example A, the food product safely meets both the 2-hour and 6-hour time limits. In example B, the food product does not meet time/temperature requirements, and must be discarded.

Wax soo saarka cuntada (Food product)	Taariikhda (Date)	Qaboojintu waxay bilaabatay: <i>Waqtiga/Heerkulka. Saacada ayaa tirin bilaabaysa marka cuntadu gaarto heerkulka 135°F (Cooling started: Time/Temp. Clock starts when food is 135°F)</i>	Wax ka yar 1 saacad: <i>Waqtiga/Heerkulka (Less than 1 hour: Time/Temp.)</i>	Wax ka yar 2 saacadood: <i>Waqtiga/Heerkulka. Waa inay tahay 70°F ama ka hoosayo kahor 2 saacadood (Less than 2 hours: Time/Temp. Must be 70°F or below before 2 hours)</i>	Wax ka yar 3 saacadood: <i>Waqtiga/Heerkulka. (Less than 3 hours: Time/Temp.)</i>	Wax ka yar 4 saacadood: <i>Waqtiga/Heerkulka. (Less than 4 hours: Time/Temp.)</i>	Wax ka yar 5 saacadood: <i>Waqtiga/Heerkulka. (Less than 5 hours: Time/Temp.)</i>	Wax ka yar 6 saacadood: <i>Waqtiga/Heerkulka. Waa inay tahay 41°F ama ka hoosayo kahor 6 saacadood (Less than 6 hours: Time/Temp. Must be 41°F or below before 6 hours)</i>	Waxaa kormeeray (erayada hore ee magaca shaqaalaha) (Monitored by (employee initials))
A: Marqa Bariiska ee Digaaga leh (A: Chicken Wild Rice Soup)	Janaayo. 15, 2019 (Jan. 15, 2019)	9:00 a.m./135°F	9:55 a.m./ 94°F	10:50 a.m./ 63°F	11:46 a.m./ 47°F	12:55 p.m./ 38°F	---	---	JT
B: Marqa Bariiska ee Digaaga leh (B: Chicken Wild Rice Soup)	Janaayo. 15, 2019 (Jan. 16, 2019)	9:00 a.m./135°F	9:55 a.m./ 94°F	10:50 a.m./ 63°F	11:46 a.m./ 52°F	12:55 p.m./ 48°F	1:55 p.m./ 45°F	3:02 p.m. 44°F	JT

Waxaa xaqiijiyay (erayada hore ee magaca PIC ama maareeyaha shaqada ku jira) KC

Taariikhda: Janaayo. 21. 2019

Verified by (PIC or manager on duty initials): KC

Date: Jan. 21. 2019

Talaabooyinka toosinta ah: Janaayo. 16: Badeeco la tuuray. Badal qaabka qaboojinta oo hayso. – JT

Corrective action(s): Jan. 16: Discarded product. Change cooling method and retrain. – JT

## Marka aad isticmaalayo liiskaan qaboojinta

- Hubi heerkulka badeecooinka cuntada ee dhammaan shaqada qaboojinta. Waxaad u adeegsan kartaa liiskaan diiwaan ahaan.
- Ilaalinta Waqtiga/Heerkulka si loo fayo-dhowro Cuntada (TCS) waa in qaboojinta lagasoo bilaabaa 135°F ilaa 70°F muddo 2 saac gudaheed ah IYO waa in si buuxda loo qaboojiyaa ilaa heerkulka 41°F ama ka hoos wadarta guud muddo 6 saacadoo ah gudahood.
- Xaashida xaqiqda ee [Ilaalinta Waqtiga/Heerkulka Qaboojinta si loo fayo-dhowro Cuntada \(Cooling Time/Temperature Control for Safety Food\) \(TCS\) \(PDF\)](#) waxay sharxaysaa shuruudaha qaboojinta cuntada TCS waxayna ka caawisaa shaqaalaha inay adeegsadaan habab qaboojin oo waxtar leh si loo yareeyo halista cudurrada ka dhasha cuntada.

## When to use this cooling log

- Check temperature of food products throughout the cooling process. You may use this log for record-keeping.
- Cooked time/temperature control for safety food (TCS) must be cooled from 135°F to 70°F within 2 hours AND completely cooled to 41°F or below within a total of 6 hours.
- The [Cooling Time/Temperature Control for Safety Food \(TCS\) \(PDF\)](#) fact sheet describes requirements for cooling TCS food and helps employees use effective cooling methods to reduce the risk of foodborne illness.

## Macluumaadka (Resources)

[Minnesota Department of Health Food Business Safety \(\[www.health.state.mn.us/foodbizsafety\]\(http://www.health.state.mn.us/foodbizsafety\)\)](#)

[Cooling Time/Temperature Control for Safety Food \(TCS\) \(PDF\)](#)  
[\(<http://www.health.state.mn.us/communities/environment/food/docs/fs/coolingtcsfs.pdf>\)](http://www.health.state.mn.us/communities/environment/food/docs/fs/coolingtcsfs.pdf)

[Ilaalinta Waqtiga/Heerkulka Qaboojinta si loo fayo-dhowro Cuntada \(Cooling Time/Temperature Control for Safety Food\) \(TCS\) \(PDF\)](#)  
[\(<http://www.health.state.mn.us/communities/environment/food/docs/fs/coolingtcsfss.pdf>\)](http://www.health.state.mn.us/communities/environment/food/docs/fs/coolingtcsfss.pdf)

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JANAAYO 2019

*Si aad xogtan ugu hesho qaab kale, wac: 651-201-4500 or 651-201-6000.*

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