Promising Practices Progress Monitoring, 2023

INSTRUCTIONS:

This document **is a copy** of the 2023 Promising Practices Progress Monitoring prompts. You will complete the report via REDCap. You will complete the report via REDCap. In December 2023, a unique link will be sent to the main grant contact.

Due date: January 30, 2024

For each question, refer to your workplan and updates to activities to evaluate progress. Once submitted, you will receive an email with a copy of your responses.

Describe activities and updates for the last 6 months of 2023 (July- December, 2023) for the Promising Practices grant.

I.   Family Home Visiting Characteristics & Structure

1. Home visit characteristics

Are families offered *individual* home visiting?

If yes, how often are individual home visits offered?

- Weekly
- Biweekly (every 2 weeks)
- Monthly
- Bimonthly (every 2 months)
- Quarterly

If yes, where are individual home visits offered? (select all that apply)

- In family homes
- Community center, school, library
- Your organization
- Virtually
- Other (describe):

If yes, how long is a typical individual home visit?

- 0-30 minutes

- 31-60 minutes

- 61 minutes- 1.5 hours

- 1.5 hours and longer

If yes, please briefly describe a "typical" home visit. What does the home visitor do or say? How does the family participate? (3-5 sentences)

Are families offered *group or family events*?

If yes, how often are group or family events offered?

- Weekly

- Biweekly (every 2 weeks)

- Monthly

- Bimonthly (every 2 months)

- Quarterly

- Biannually (every 6 months)

- Annually

If yes, where are group or family events offered? (select all that apply)

- Community center, school, library

- Your organization

- Virtually

- Other (describe):

If yes, how long is a typical group or family event?

- 0-30 minutes

- 31-60 minutes

- 61 minutes- 1.5 hours

- 1.5 hours and longer

If yes, please briefly describe a "typical" group or family event. What does the home visitor do or say? How does the family participate?

II.   Goal: Increase access to family home visiting services for priority and hard-to-reach populations.

2. Referral Network (incoming)

What workplan objectives (or other strategies) are working well at creating a referral network that reaches priority and hard-to-reach populations?

What resources/ support would improve the referral network that reaches priority & hard-to-reach populations?

3. Recruitment of Prenatal & Priority Families

What challenges or social determinants of health are experienced by your priority population: (select all that apply)
- Limited access to healthcare
- Low income
- Housing instability or homelessness
- Limited access to transportation
- Polluted air or water
- Limited access to nutritious foods
- Unsafe neighborhoods
- Involvement in the justice system
- Substance use disorder (SUD) including opioid use disorder
- Serious persistent mental illness (SPMI)
- Intimate partner violence (IPV) or living in a domestic violence shelter
- Other 1 (describe)
- Other 2 (describe)
- Other 3 (describe)

Rate the degree to which your program has defined priority population/s and eligibility to _community partners or referral network_.
- Haven't begun
- Started
- In process
- Completed
- Completed and shared with partners

Rate the degree to which your program communicates 1) the benefit of participating, 2) who are priority populations, and 3) eligibility criteria to _families._

- Haven't begun
- Started
- In process
- Completed
- Completed and shared with prospective families

Rate the difficulty in recruiting the priority population(s) outlined in grant application.

- Very Difficult
- Difficult
- Neutral
- Easy
- Very Easy

What partners, resources, & strategies are used to strengthen recruitment to your program? (select all that apply)

Partners:

- Existing partners (community partners, hospitals, places of worship)
- Internal program partners
- County agencies/ programs (WIC, Child-Teen Check-up)

Resources / Strategies

- Outline referral process (e.g., initial contact in x amount of time, follow up within y number of days)
- Elicit feedback to identify effective strategies
- Offer flexible meeting spaces (e.g., outside of the home)
- Create parent support groups
- Actively recruit members within priority population (e.g., new fathers)
- Develop waitlist system
- Evaluate success of referral sources
- Develop marketing and outreach materials
- Other 1:
- Other 2:

4. Target Caseload

What strategies (either workplan objectives or other) have been effective in recruiting your priority population/s?

Please describe expected or unanticipated challenges in building your target caseload.

5. Cultural and Linguistic Services

What strategies have you used to ensure home visiting services are culturally and linguistically appropriate for priority populations? (select all that apply)

- Recruit and retain home visitors who represent the community
- Recruit and retain support staff who represent the community
- Interpretative services are available
- Home visiting materials are culturally and linguistically appropriate to priority population/s
- Videos, recordings, or pictures are used in place of written materials
- Adapt goal setting or curriculum based on family need (e.g., stressors, circumstances, or trauma)
- Ongoing staff development and training
- Parent participation in home visiting community meetings or group gatherings
- Use reflective supervision to build self-awareness, cultural humility, and reflect on experiences
- Work with partners to assist with messaging, services, or adaptations to ensure culturally relevant materials
- Identify stressors of parent/ child (e.g., mental health issues, substance use, financial challenges, IPV)
- Connect families with other supportive services (e.g., mental health services, food distribution, cultural practices)
- Intake, admission, and discharge processes take into account cultural needs and worldviews
- Other 1:
- Other 2:

What strategies have been most effective in helping your program provide culturally and linguistically responsive services?

Have there been expected or unanticipated challenges when providing culturally and linguistically responsive services?

III. Goal: Build program infrastructure to implement evidence-informed or promising practice family home visiting approaches.

6. Staffing

How is the hiring, training, and ongoing support for home visitors and other staff?

- Very Difficult
- Difficult
- Neutral
- Easy
- Very Easy

Are there expected or unanticipated challenges related to staffing?

What trainings or ongoing professional development activities have been completed in past 6 months?

What trainings or ongoing professional development activities are planned in the next 6 months to support home visiting staff?

7. Adaptation or Combination of FHV Models/Curricula

What models, education, and curricula are used in your home visiting programs?

- Agency/ program-developed curriculum or education

- ABC

- Birth to Five

- Circle of Security

- Healthy Beginnings

- HTN Disorders of Pregnancy

- Love and Logic

- MECSH (Maternal Early Childhood Sustained Home- Visiting program)

- Minnesota Positive Parenting

- Montessori

- Mothers of Tradition/ Fathers of Tradition

- Nurturing Parent

- Parents as Teachers

- PIPE (Partners in Parenting Education)

- Positive Discipline

- SPARKS
- Step-by-Step
- Strategic Training for Effective Parenting (STEP)
- Other 1
- Other 2

Describe any changes you've made (or plan to make) as a result of implementing educational materials, curricula, and/ or models.

What strategies (either workplan objectives or other) have been effective in implementing models and/or curricula?

Have there been expected or unanticipated challenges in implementing models or curricula?

8. Community & Participant Input to Improve Programming

What strategies do you use to promote community and participant input?

- Collaborate with counties, schools, clinics, and/ or hospitals
- Collect and review community partner feedback
    - Community meetings/ groups
    - Individual
- Provide outreach, education, and training to community partners
- Collect and review of participant feedback via:
    - One-on-one meetings
    - Focus groups
    - Parent-led small groups
    - Surveys/ exit surveys
- Use data to examine participant outcomes
- Other 1:
- Other 2:

What have you learned as a result of community input? *(N/A if haven't elicited community input)*

What have you learned as a result of participant input? *(N/A if haven't elicited participant input)*

Have there been expected or unanticipated challenges in collecting input?

9. Reflective Practice Support

How is Reflective Practice Support facilitated? (check all that apply)

- Not started
- Group
- Individual

On average, how often do home visitors receive in Reflective Practice Support?

- Weekly
- Biweekly (2x month)
- Monthly
- Quarterly
- Not currently participating in Reflective Practice Support

Do supervisor/s receive Reflective Practice Support?

- Yes
- No

What resources/ materials support the facilitation of Reflective Practice Support?

IV. Participate in data and grant management activities to support and promote Family Home Visiting promising practices.

10. Program Evaluation

Rate the ease/ difficulty in fulfilling program evaluation requirements.

- Very Difficult
- Difficult
- Neutral
- Easy
- Very Easy

Are there expected or unanticipated challenges in meeting evaluation requirements?

Can MDH assist in helping ensure your program is able to meet program evaluation requirements?

11. Grant Compliance

Rate the ease/ difficulty in meeting Promising Practices grant requirements.

- Very Difficult
- Difficult
- Neutral
- Easy
- Very Easy

Are there expected or unanticipated challenges in meeting grant requirements?

Can MDH assist in helping ensure your program is able to meet grant requirements?

V. Goal: Participate in PP Community of Practice (CoP), share lessons learned and best practices, and identify approaches to program sustainability.

12. Dissemination Plan

Describe any strategies or activities that promote the dissemination of outcomes and program findings to maintain transparency and program engagement. (N/A if haven't begun).

13. Sustainability

Describe any strategies or activities that promote the long-term sustainability of your program. (N/A if haven't begun).

VI. Wrap up

Next Steps

Select additional training or technical assistance topics that are of interest to you. These may be addressed individually (e.g., during a practice connection or site visit) or via Communities of Practice: (select all that apply)

- Referrals, Recruitment & Enrollment
- Recruitment of Priority Populations
- Target Caseload
- Cultural and linguistic services/ Advancing health equity
- Staffing/ Professional Development
- Adaptations to Models or Curricula
- Community and participant input
- Reflective Supervision
- Program evaluation
- Grant compliance
- CQI
- Dissemination
- Sustainability
- Other 1:
- Other 2:

What additional assistance and support from MDH would be most helpful over the next six months? This might include individual consultation with your agency, technical assistance and training, additional guidance, etc.

Do you have any suggestions or feedback on this progress monitoring report?

Is there anything else you'd like to share with MDH?