

Benzodiazepine Overdose Deaths by County (2014 – 2023*)

Table 1. Number of benzodiazepine-related overdose deaths by county of residence, metro area, and year (deaths may involve other drugs)

County of Residence	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023*	Total
Aitkin	0	0	0	0	0	0	1	0	1	0	2
Anoka	5	2	6	4	4	3	13	13	9	7	66
Becker	0	0	0	0	0	1	0	0	0	1	2
Beltrami	0	1	0	1	0	1	1	1	0	2	7
Benton	2	0	1	0	2	0	0	2	0	0	7
Big Stone	0	0	0	0	0	0	0	0	0	0	0
Blue Earth	0	0	1	0	0	1	0	2	2	1	7
Brown	0	0	0	0	0	0	0	0	0	0	0
Carlton	0	2	1	0	0	1	2	2	2	1	11
Carver	2	0	1	0	2	2	1	0	0	2	10
Cass	0	1	0	1	1	0	0	1	0	1	5
Chippewa	0	0	0	0	0	0	0	0	0	1	0
Chisago	2	0	1	1	3	0	1	1	0	0	9
Clay	0	0	0	0	0	1	0	0	1	0	2
Clearwater	0	0	0	0	0	0	0	0	0	0	0
Cook	0	0	0	0	0	0	0	0	0	0	0
Cottonwood	0	0	0	0	0	0	0	0	0	0	0
Crow Wing	0	0	1	0	0	0	1	0	0	2	4
Dakota	2	10	3	8	3	10	8	14	7	6	71
Dodge	0	1	0	0	1	1	0	0	0	0	3

COUNTY-LEVEL BENZODIAZEPINE-INVOLVED OVERDOSE DEATHS FROM 2014-2023

County of Residence	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023*	Total
Douglas	0	0	0	0	0	0	0	0	1	0	1
Faribault	0	1	0	0	0	0	0	0	0	0	1
Fillmore	0	0	0	0	1	1	0	0	0	0	2
Freeborn	0	0	0	1	0	0	0	0	1	0	2
Goodhue	0	1	3	1	0	0	1	1	0	0	7
Grant	0	0	0	0	0	0	0	0	0	0	0
Hennepin	16	27	49	45	20	31	68	42	53	37	388
Houston	0	1	0	1	1	0	1	0	0	0	4
Hubbard	0	1	0	0	0	0	0	0	0	0	1
Isanti	0	0	2	0	1	0	1	1	0	0	5
Itasca	1	0	0	0	2	2	1	2	2	2	12
Jackson	0	0	0	0	0	0	0	0	0	0	0
Kanabec	1	0	0	0	0	0	0	0	0	0	1
Kandiyohi	0	0	0	0	1	0	0	0	1	1	3
Kittson	0	0	0	0	0	0	0	0	0	0	0
Koochiching	0	0	0	0	0	1	0	0	0	0	1
Lac Qui Parle	0	0	0	0	0	0	0	0	0	0	0
Lake	0	0	0	0	1	0	0	0	0	0	1
Lake of The Woods	0	0	0	0	0	0	0	0	0	0	0
Le Sueur	0	0	0	0	0	0	0	0	1	1	2
Lincoln	0	0	0	0	0	0	1	0	0	0	1
Lyon	0	0	0	0	0	0	0	0	0	0	0
Mahnomen	0	0	0	0	0	0	0	1	0	0	1
Marshall	0	0	0	0	0	0	0	0	0	0	0
Martin	0	0	0	0	0	0	0	0	0	0	0
McLeod	0	0	0	1	0	1	2	0	1	0	5
Meeker	0	0	0	0	0	0	0	0	0	0	0
Mille Lacs	1	0	1	0	0	1	0	1	0	1	5
Morrison	1	0	0	0	1	1	0	0	1	1	5

COUNTY-LEVEL BENZODIAZEPINE-INVOLVED OVERDOSE DEATHS FROM 2014-2023

County of Residence	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023*	Total
Mower	0	0	0	2	0	0	1	0	0	0	3
Murray	0	0	0	0	0	0	0	0	0	0	0
Nicollet	0	0	0	0	0	0	0	0	0	0	0
Nobles	0	0	1	1	0	0	0	0	1	0	3
Norman	0	0	0	0	0	0	0	0	0	0	0
Olmsted	7	3	6	2	1	3	3	2	2	2	31
Otter Tail	0	0	2	0	0	0	0	1	3	1	7
Pennington	0	0	0	0	0	0	0	0	0	0	0
Pine	1	0	1	0	2	0	1	1	0	0	6
Pipestone	0	0	0	0	0	0	0	0	0	0	0
Polk	0	0	0	0	0	2	0	1	0	0	3
Pope	0	0	0	0	0	0	0	0	0	0	0
Ramsey	2	6	7	8	3	4	9	10	5	6	60
Red Lake	0	0	0	0	0	0	0	0	0	0	0
Redwood	0	1	0	0	0	0	0	0	0	0	1
Renville	0	2	0	0	0	0	0	0	2	0	4
Rice	0	1	0	1	1	0	1	0	0	1	5
Rock	0	0	0	0	1	0	0	0	0	0	1
Roseau	0	0	0	0	0	0	0	0	0	0	0
Scott	1	0	3	3	3	3	3	1	3	2	22
Sherburne	1	2	1	0	2	1	1	0	0	1	9
Sibley	0	1	1	0	0	0	1	0	0	0	3
St. Louis	6	4	6	3	2	4	6	11	6	3	51
Stearns	1	2	0	0	4	1	6	0	5	4	23
Steele	0	0	1	0	0	0	0	1	0	1	3
Stevens	0	0	0	0	0	0	0	0	0	0	0
Swift	0	0	1	0	0	0	0	0	0	0	1
Todd	0	0	0	1	0	1	0	0	0	0	2
Traverse	0	0	0	0	0	0	0	0	0	0	0

COUNTY-LEVEL BENZODIAZEPINE-INVOLVED OVERDOSE DEATHS FROM 2014-2023

County of Residence	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023*	Total
Wabasha	0	0	1	0	0	1	1	0	2	0	5
Wadena	0	0	0	1	0	1	0	0	0	1	3
Waseca	0	0	0	0	0	1	0	0	0	0	1
Washington	0	1	1	4	3	3	5	2	4	1	24
Watonwan	0	0	0	0	0	0	0	0	1	0	1
Wilkin	0	0	0	0	0	0	1	0	0	0	1
Winona	3	1	0	1	2	0	1	1	0	1	10
Wright	0	0	1	0	1	1	1	4	2	1	11
Yellow Medicine	0	0	0	0	0	0	0	0	1	0	1
7-County Metro	28	46	70	72	38	56	107	82	81	61	641
Greater MN	27	26	33	19	31	29	37	37	39	30	308
Unknown County	0	0	0	1	0	0	0	0	0	1	2
Total	55	72	103	92	69	85	144	119	120	92	951

Source: Minnesota death certificates, Injury and Violence Prevention Section, Minnesota Department of Health, 2014-2023. *2023 data are preliminary.

Underlying cause of death includes ICD-10 codes indicating drug overdose (X40-X44, X60-X64, X85, or Y10-Y14); contributing cause of death includes ICD-10 code indicating benzodiazepine use (T42.4). Benzodiazepine overdose deaths are not exclusive of other drug categories.

7-county metro: Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington counties; Greater Minnesota: Not part of the 7-county; Unknown county: County FIPS code is invalid or missing.

Minnesota Department of Health
 Injury and Violence Prevention Section
 PO Box 64882
 St. Paul, MN 55164-0882
 651-201-4091
health.drugodepi@state.mn.us
www.health.state.mn.us

To obtain this information in a different format, email: health.drugodepi@state.mn.us