



2019 Minnesota Student Survey Tables

Alternative Schools and Area Learning Centers

October 2019

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In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

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Survey Participation

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to public school students in alternative schools and area learning centers. Students who were dually enrolled in alternative schools or area learning centers and regular public schools participated with their regular public schools. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

Mode of Administration

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey. The table of contents is provided on pages v-vi.

New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.**

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered.

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TABLE 1A DEMOGRAPHIC DESCRIPTION

Minnesota Statewide Data

		Gender			
		Male		Female	
		N	%	N	%
Total number of surveys		1,362	100%	1,135	100%
Age	11	1	0%	3	0%
	12	1	0%	3	0%
	13	43	3%	42	4%
	14	119	9%	108	10%
	15	115	8%	138	12%
	16	277	20%	242	21%
	17	444	33%	363	32%
	18	275	20%	182	16%
	19-20	81	6%	49	4%
	21 or older	5	0%	5	0%
How do you describe yourself? (Mark ALL that apply)	American Indian or Alaskan Native only	56	4%	51	4%
	Asian or Asian American only	56	4%	58	5%
	Black, African or African American only	157	12%	123	11%
	Hispanic or Latino/a only	186	14%	146	13%
	Native Hawaiian or Other Pacific Islander only	7	1%	3	0%
	White only	718	53%	541	48%
	Multiple races (checked more than one)	174	13%	203	18%
	No answer	8	1%	10	1%

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TABLE 1B
DEMOGRAPHIC DESCRIPTION[^]

Minnesota Statewide Data

		Male		Female	
		N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (If more than one describes you, mark ALL that apply)	Anishinaabe/Ojibwe	71	5%	84	7%
	Dakota/Lakota	27	2%	15	1%
	Other tribal affiliation	41	3%	55	5%
If you are Asian or Asian American, which group best describes you? (If more than one describes you, mark ALL that apply)	Asian Indian	4	0%	6	1%
	Burmese	3	0%	1	0%
	Chinese	6	0%	7	1%
	Filipino	6	0%	10	1%
	Hmong	28	2%	22	2%
	Karen	12	1%	6	1%
	Korean	5	0%	8	1%
	Lao	7	1%	11	1%
	Vietnamese	9	1%	9	1%
	Other Asian	14	1%	15	1%
If you are Black, African or African American, which group best describes you? (If more than one describes you, mark ALL that apply)	African American	168	12%	133	12%
	Ethiopian – Oromo	2	0%	2	0%
	Ethiopian – other	3	0%	4	0%
	Liberian	5	0%	3	0%
	Nigerian	2	0%	3	0%
	Somali	27	2%	28	2%
	Other Black, African or African American	45	3%	40	4%
If you are Hispanic or Latino/Latina, which group best describes you? (If more than one describes you, mark ALL that apply)	Colombian	6	0%	4	0%
	Ecuadoran	4	0%	2	0%
	Guatemalan	24	2%	14	1%
	Mexican	168	12%	151	13%
	Puerto Rican	14	1%	22	2%
	Salvadoran	20	1%	11	1%
	Spanish/Spanish-American	32	2%	35	3%
	Other Hispanic or Latino/Latina	21	2%	38	3%

[^] All questions on this table were new in 2019.

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TABLE 2 SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION

Minnesota Statewide Data

		Male	Female
		%	%
A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?	Very or mostly feminine	2%	35%
	Somewhat feminine	4%	32%
	Equally feminine and masculine	16%	26%
	Somewhat masculine	31%	5%
	Very or mostly masculine	47%	2%
How do you describe yourself?^	Heterosexual (straight)	79%	52%
	Bisexual	4%	23%
	Gay or lesbian	2%	3%
	Questioning/not sure	1%	3%
	Pansexual	1%	8%
	Queer	0%	1%
	I don't describe myself in any of these ways	10%	9%
	I am not sure what this question means	3%	1%
Are you transgender, genderqueer, or genderfluid?^	Yes	2%	6%
	No	91%	87%
	I am not sure about my gender identity	2%	4%
	I am not sure what this question means	5%	3%
IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do you describe yourself?^^	Male, trans male, trans man, or trans masculine	48%	41%
	Female, trans female, trans woman, or trans feminine	29%	7%
	Non-binary, genderqueer, or genderfluid	19%	45%
	I prefer to describe my gender as something else	5%	7%

^ Change in question wording from 2016.

^^ New question in 2019.

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**TABLE 3
SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC
PERFORMANCE**

Minnesota Statewide Data

		Male	Female
		%	%
What is the MAIN thing you plan to do right AFTER high school?	I don't plan to graduate from high school	1%	1%
	Get my GED	2%	3%
	Go to a two-year community or technical college	24%	27%
	Go to a four-year college or university	17%	28%
	Get a license or certificate in a career field	5%	7%
	Attend an apprenticeship program	2%	1%
	Join the military	9%	4%
	Work at a job	26%	21%
	Other	13%	9%
Has an adult in your school helped you think about education options for after high school (college or other training program)?[^]	Yes	72%	69%
	No	28%	31%
Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?[^]	Yes	53%	50%
	No	47%	50%
Do you receive special education services as part of an individual education plan or IEP?	Yes	19%	18%
	No	59%	60%
	Not sure	23%	22%
How would you describe your grades this school year?	Mostly A's	14%	21%
	Mostly B's	26%	33%
	Mostly C's	28%	22%
	Mostly D's	12%	8%
	Mostly F's	7%	4%
	Mostly Incompletes	5%	5%
	None of these letter grades	8%	6%

[^] New question in 2019.

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TABLE 4
SCHOOL ATTENDANCE[^]

Minnesota Statewide Data

		Male	Female
		%	%
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	24%	19%
	Once or twice	35%	33%
	3 to 5 times	26%	28%
	6 to 9 times	9%	11%
	10 or more times	7%	9%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	29%	21%
	Once or twice	31%	29%
	3 to 5 times	18%	23%
	6 to 9 times	9%	13%
	10 or more times	13%	14%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	54%	60%
	Medical, dental or other health-related appointment	25%	37%
	Vacation or trip	7%	7%
	Felt very sad, hopeless, anxious, stressed or angry	18%	42%
	Didn't get enough sleep	35%	42%
	Didn't feel safe at school	3%	4%
	Missed your ride or didn't have a way to get to school	22%	26%
	Had to work	9%	7%
	Had to take care of or help a family member or friend	10%	14%
	Had no place to shower or wash clothes	1%	1%
	Wanted to use alcohol or drugs	4%	6%
	Behind in schoolwork or not prepared for a test or class assignment	6%	11%
	Bored with or not interested in school	20%	24%
	Suspended from school	4%	3%
Other reason	23%	19%	

[^] All questions on this table were new in 2019.

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TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

Minnesota Statewide Data

		Male	Female
		%	%
During the last 30 days, how many times did you get sent out of the classroom for discipline?^	None	83%	90%
	Once or twice	11%	8%
	3 to 5 times	3%	2%
	6 to 9 times	1%	0%
	10 or more times	1%	0%
How often do you care about doing well in school?	All of the time	25%	30%
	Most of the time	41%	45%
	Some of the time	30%	23%
	None of the time	4%	2%
How often do you go to class unprepared?	All of the time	7%	4%
	Most of the time	12%	8%
	Some of the time	46%	42%
	None of the time	34%	46%
How often do you pay attention in class?	All of the time	17%	19%
	Most of the time	56%	59%
	Some of the time	25%	20%
	None of the time	2%	1%

^ New question in 2019.

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TABLE 6
FEELINGS ABOUT SCHOOL

Minnesota Statewide Data

<i>How much do you agree or disagree with each of the following statements?</i>		Male	Female
		%	%
If something interests me, I try to learn more about it.	Strongly agree	50%	46%
	Agree	47%	51%
	Disagree	2%	2%
	Strongly disagree	1%	0%
I think things I learn at school are useful.	Strongly agree	9%	9%
	Agree	55%	58%
	Disagree	26%	27%
	Strongly disagree	10%	6%
Being a student is one of the most important parts of who I am.	Strongly agree	10%	10%
	Agree	34%	39%
	Disagree	40%	38%
	Strongly disagree	16%	13%
Overall, adults at my school treat students fairly.	Strongly agree	29%	27%
	Agree	54%	52%
	Disagree	12%	17%
	Strongly disagree	5%	4%
Adults at my school listen to the students.	Strongly agree	27%	26%
	Agree	54%	54%
	Disagree	15%	16%
	Strongly disagree	4%	4%
The school rules are fair.	Strongly agree	21%	21%
	Agree	53%	53%
	Disagree	21%	21%
	Strongly disagree	6%	5%
At my school, teachers care about students.	Strongly agree	34%	34%
	Agree	56%	56%
	Disagree	8%	8%
	Strongly disagree	3%	2%
Most teachers at my school are interested in me as a person.	Strongly agree	22%	26%
	Agree	53%	47%
	Disagree	20%	22%
	Strongly disagree	6%	5%

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TABLE 7A PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER

Minnesota Statewide Data

		Male	Female
		%	%
Is there a police officer or School Resource Officer (SRO) at your school?	Yes	50%	51%
	No	23%	17%
	I don't know	27%	32%

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TABLE 7B INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER

Minnesota Statewide Data

<i>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE (SRO) OR POLICE OFFICER AT THEIR SCHOOL</i>		Male	Female
		%	%
If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.	Strongly agree	18%	19%
	Agree	35%	45%
	Disagree	29%	27%
	Strongly disagree	18%	10%
I would feel comfortable going to my school's SRO or police officer if I was having problems or needed help.	Strongly agree	16%	15%
	Agree	42%	43%
	Disagree	28%	30%
	Strongly disagree	14%	11%
I think it is a good idea to have an SRO or police officer at our school.	Strongly agree	34%	34%
	Agree	48%	57%
	Disagree	10%	7%
	Strongly disagree	7%	2%

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TABLE 8 PERCEPTIONS OF SAFETY

Minnesota Statewide Data

<i>How much do you agree or disagree with each of the following statements?</i>		Male	Female
		%	%
I feel safe going to and from school.	Strongly agree	43%	39%
	Agree	50%	55%
	Disagree	6%	6%
	Strongly disagree	2%	1%
I feel safe at school.	Strongly agree	40%	33%
	Agree	49%	56%
	Disagree	9%	9%
	Strongly disagree	2%	1%
I feel safe in my neighborhood.	Strongly agree	47%	38%
	Agree	45%	53%
	Disagree	6%	8%
	Strongly disagree	2%	1%
I feel safe at home.	Strongly agree	58%	46%
	Agree	38%	46%
	Disagree	3%	6%
	Strongly disagree	1%	1%

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**TABLE 9A
AFTER SCHOOL SUPERVISION**

Minnesota Statewide Data

<i>During a typical week, how often do you go to the following places after school?</i>		Male	Female
		%	%
I stay at my school or go to another school	0 days	72%	71%
	1 day	6%	7%
	2 days	3%	5%
	3 to 4 days	5%	5%
	5 days	13%	12%
My home or another home such as a friend's, relative's or neighbor's	0 days	17%	15%
	1 day	10%	12%
	2 days	12%	11%
	3 to 4 days	14%	17%
	5 days	46%	46%
A rec, community or other youth center	0 days	83%	89%
	1 day	9%	5%
	2 days	4%	3%
	3 to 4 days	3%	2%
	5 days	1%	1%
A park or other outdoor space	0 days	64%	70%
	1 day	14%	13%
	2 days	12%	11%
	3 to 4 days	6%	4%
	5 days	4%	1%
A library	0 days	89%	87%
	1 day	6%	7%
	2 days	3%	4%
	3 to 4 days	2%	1%
	5 days	1%	1%
A church, synagogue, mosque, or other spiritual/religious place	0 days	85%	85%
	1 day	10%	10%
	2 days	3%	4%
	3 to 4 days	1%	1%
	5 days	1%	0%
A job	0 days	50%	56%
	1 day	4%	3%
	2 days	8%	9%
	3 to 4 days	20%	19%
	5 days	17%	13%

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TABLE 10A BEING BULLIED FOR SPECIFIC REASONS

Minnesota Statewide Data

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Male	Female
		%	%
Your race, ethnicity or national origin	Never	87%	87%
	Once or twice	8%	9%
	About once a week	2%	2%
	Several times a week	2%	2%
	Every day	2%	1%
Your religion	Never	94%	94%
	Once or twice	3%	4%
	About once a week	1%	1%
	Several times a week	1%	0%
	Every day	1%	1%
Your gender (being male or female)	Never	95%	90%
	Once or twice	2%	7%
	About once a week	1%	2%
	Several times a week	0%	1%
	Every day	1%	1%
Your gender expression (your style, dress, or the way you walk or talk)	Never	87%	78%
	Once or twice	7%	14%
	About once a week	3%	4%
	Several times a week	1%	2%
	Every day	1%	2%

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TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

Minnesota Statewide Data

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Male	Female
		%	%
Because you are gay, lesbian, or bisexual or because someone thought you were	Never	94%	89%
	Once or twice	3%	6%
	About once a week	1%	3%
	Several times a week	1%	1%
	Every day	1%	2%
A physical or mental disability	Never	92%	88%
	Once or twice	4%	6%
	About once a week	2%	2%
	Several times a week	1%	2%
	Every day	1%	1%
Your size or weight	Never	82%	71%
	Once or twice	11%	17%
	About once a week	3%	5%
	Several times a week	2%	3%
	Every day	2%	4%
Your physical appearance	Never	80%	69%
	Once or twice	12%	20%
	About once a week	4%	5%
	Several times a week	2%	3%
	Every day	2%	3%

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TABLE 11A BEING CYBERBULLIED

Minnesota Statewide Data

		Male	Female
		%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^	Never	89%	71%
	Once or twice	8%	19%
	About once a week	1%	4%
	Several times a week	1%	3%
	Every day	1%	2%

^ Change in question wording from 2016.

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**TABLE 11B
BEING BULLIED OR HARASSED AT SCHOOL**

Minnesota Statewide Data

<i>During the last 30 days, on how many days have other students at school...</i>		Male	Female
		%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	90%	92%
	Once or twice	6%	5%
	About once a week	2%	2%
	Several times a week	1%	0%
	Every day	1%	1%
...threatened to beat you up?	Never	88%	85%
	Once or twice	8%	11%
	About once a week	3%	2%
	Several times a week	1%	1%
	Every day	1%	1%
...spread mean rumors or lies about you?	Never	83%	69%
	Once or twice	11%	20%
	About once a week	3%	5%
	Several times a week	1%	3%
	Every day	2%	3%
...made sexual jokes, comments or gestures towards you?	Never	86%	75%
	Once or twice	7%	14%
	About once a week	2%	5%
	Several times a week	2%	4%
	Every day	2%	3%
...excluded you from friends, other students or activities?	Never	88%	75%
	Once or twice	6%	14%
	About once a week	2%	5%
	Several times a week	1%	3%
	Every day	2%	4%
Bullied once or more in the last 30 days [^]	No	69%	54%
	Yes	31%	46%
Bullied weekly or more in the last 30 days [^]	No	87%	78%
	Yes	13%	22%
Bullied daily in the last 30 days [^]	No	95%	93%
	Yes	5%	7%

[^] These are computed variables based on combinations of responses to the first five questions on this table.

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TABLE 12
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL
Minnesota Statewide Data

<i>During the last 30 days, how many times at school have YOU...</i>		Male	Female
		%	%
...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?	Never	90%	94%
	Once or twice	7%	4%
	About once a week	2%	1%
	Several times a week	0%	0%
	Every day	1%	0%
...threatened to beat someone up?	Never	85%	88%
	Once or twice	10%	9%
	About once a week	3%	1%
	Several times a week	1%	1%
	Every day	1%	1%
...spread mean rumors or lies about someone else?	Never	94%	94%
	Once or twice	3%	5%
	About once a week	1%	1%
	Several times a week	0%	0%
	Every day	1%	0%
...made sexual jokes, comments or gestures towards someone else?	Never	88%	94%
	Once or twice	7%	4%
	About once a week	2%	1%
	Several times a week	1%	1%
	Every day	2%	1%
...excluded someone from friends, other students or activities?	Never	92%	92%
	Once or twice	5%	6%
	About once a week	2%	1%
	Several times a week	1%	1%
	Every day	1%	0%

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TABLE 13A AVAILABILITY OF COMMUNITY PROGRAMS

Minnesota Statewide Data

		Male	Female
		%	%
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?	Yes	38%	35%
	No	19%	17%
	I don't know what programs are available in my community	43%	49%

2019 Minnesota Student Survey

**TABLE 13B
ENRICHMENT ACTIVITIES**

Minnesota Statewide Data

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Male	Female
		%	%
Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams	0 days	78%	85%
	1 day	5%	5%
	2 days	5%	4%
	3 to 4 days	5%	3%
	5 or more days	7%	3%
School sponsored activities or clubs that are not sports, such as drama, music, chess or science club	0 days	92%	91%
	1 day	4%	4%
	2 days	2%	2%
	3 to 4 days	1%	2%
	5 or more days	1%	1%
Tutoring, homework help or academic programs	0 days	90%	88%
	1 day	5%	6%
	2 days	3%	3%
	3 to 4 days	1%	3%
	5 or more days	1%	0%
Leadership activities such as student government, youth councils or committees	0 days	95%	95%
	1 day	3%	3%
	2 days	2%	1%
	3 to 4 days	1%	0%
	5 or more days	0%	1%

2019 Minnesota Student Survey

**TABLE 13C
ENRICHMENT ACTIVITIES**

Minnesota Statewide Data

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Male	Female
		%	%
Artistic lessons, such as music or dance	0 days	92%	87%
	1 day	3%	5%
	2 days	3%	3%
	3 to 4 days	1%	2%
	5 or more days	1%	2%
Physical activity lessons, such as tennis or karate	0 days	88%	91%
	1 day	3%	4%
	2 days	4%	3%
	3 to 4 days	3%	2%
	5 or more days	2%	1%
Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed	0 days	94%	95%
	1 day	3%	3%
	2 days	2%	1%
	3 to 4 days	1%	0%
	5 or more days	1%	0%
Religious activities such as religious services, education or youth group	0 days	89%	88%
	1 day	6%	8%
	2 days	3%	3%
	3 to 4 days	1%	0%
	5 or more days	0%	0%

2019 Minnesota Student Survey

**TABLE 14
QUALITY OF YOUTH ACTIVITIES[^]**

Minnesota Statewide Data

<i>When you spend time doing activities outside of the regular school day, how often do you...</i>		Male	Female
		%	%
...feel safe?	Rarely or never	7%	5%
	Sometimes	11%	17%
	Often	32%	40%
	Very often	50%	38%
...learn skills like teamwork or leadership?	Rarely or never	18%	20%
	Sometimes	31%	36%
	Often	30%	30%
	Very often	21%	15%
...develop trusting relationships with peers your age?	Rarely or never	19%	24%
	Sometimes	27%	35%
	Often	31%	26%
	Very often	22%	15%
...develop trusting relationships with adults?	Rarely or never	20%	22%
	Sometimes	31%	37%
	Often	29%	27%
	Very often	20%	14%
...help make decisions?	Rarely or never	14%	14%
	Sometimes	31%	34%
	Often	35%	35%
	Very often	20%	16%
...do something that gives you joy and energy?	Rarely or never	12%	13%
	Sometimes	20%	30%
	Often	34%	33%
	Very often	34%	24%
...learn skills that you can use in a future job?	Rarely or never	16%	21%
	Sometimes	32%	35%
	Often	29%	26%
	Very often	23%	18%

[^] These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2019 Minnesota Student Survey

TABLE 15 LIVING SITUATIONS

Minnesota Statewide Data

		Male	Female
		%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	90%	88%
	Yes, during the last year	3%	4%
	Yes, more than a year ago	7%	10%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)	No	88%	85%
	Yes, I was with my parents or adult family member	8%	9%
	Yes, I was on my own without any adult family members	5%	8%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)	None of my parents or guardians has ever been in jail or prison	62%	53%
	Yes, I have a parent or guardian in jail or prison right now	6%	5%
	Yes, I have had a parent or guardian in jail or prison in the past	34%	43%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?^	Yes	53%	55%
	No	47%	45%

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 16 COMMUNICATION WITH ADULTS

Minnesota Statewide Data

		Male	Female
		%	%
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^	Parent or guardian	67%	61%
	Adult at school	29%	36%
	Some other adult	29%	34%
	I don't have any adults that I can talk to about problems I am having	18%	18%

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 17
PERCEPTIONS OF FAMILY AND OTHERS CARING
Minnesota Statewide Data

		Male	Female
		%	%
<i>How much do you feel ...</i>			
...your parents care about you?	Not at all	4%	6%
	A little	6%	10%
	Some	12%	16%
	Quite a bit	23%	22%
	Very much	56%	46%
...other adult relatives care about you?	Not at all	6%	9%
	A little	10%	13%
	Some	20%	25%
	Quite a bit	28%	25%
	Very much	37%	28%
...friends care about you?	Not at all	5%	7%
	A little	11%	15%
	Some	21%	24%
	Quite a bit	31%	27%
	Very much	31%	27%
...teachers/other adults at school care about you?	Not at all	9%	10%
	A little	18%	19%
	Some	32%	34%
	Quite a bit	24%	22%
	Very much	17%	14%
...adults in your community care about you?	Not at all	26%	30%
	A little	21%	24%
	Some	26%	24%
	Quite a bit	14%	14%
	Very much	14%	8%

2019 Minnesota Student Survey

TABLE 18 ADVERSE CHILDHOOD EXPERIENCES

Minnesota Statewide Data

		Male	Female
		%	%
Do you live with anyone who drinks too much alcohol?	Yes	17%	20%
	No	83%	80%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	12%	15%
	No	88%	85%
Do you live with anyone who is depressed or has any other mental health issues? [^]	Yes	35%	57%
	No	65%	43%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	17%	30%
	No	83%	70%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	18%	25%
	No	82%	75%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	11%	20%
	No	89%	80%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes? ^{^^}	Yes	4%	24%
	No	96%	76%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you? ^{^^}	Yes	2%	15%
	No	98%	85%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else? [^]	Yes	4%	7%
	No	96%	93%
ACEs Score-short ^{^^^}	None	34%	19%
	One	26%	20%
	Two	17%	19%
	Three	11%	15%
	Four or more	13%	28%

[^] New question in 2019.

^{^^} Change in question wording from 2016.

^{^^^} An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

2019 Minnesota Student Survey

TABLE 19 RELATIONSHIP VIOLENCE[^]

Minnesota Statewide Data

		Male	Female
		%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	11%	22%
	No	89%	78%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	21%	43%
	No	79%	57%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?	Yes	9%	29%
	No	91%	71%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?	Yes	3%	4%
	No	92%	93%
	Not sure	5%	3%

[^] All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 20
GENERAL HEALTH AND HEALTH CONDITIONS**

Minnesota Statewide Data

		Male	Female
		%	%
How would you describe your health in general?	Excellent	21%	8%
	Very good	25%	20%
	Good	34%	39%
	Fair	15%	26%
	Poor	5%	7%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	17%	24%
	No	83%	76%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	2%	1%
	No	98%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	3%	3%
	No	97%	97%
Has a doctor or nurse ever told you that you have asthma?	Yes	20%	23%
	No	80%	77%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	4%	5%
	No	96%	95%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.	Yes	31%	60%
	No	69%	40%
Weight status according to Body Mass Index (BMI)**	Normal or underweight	64%	56%
	Overweight	14%	20%
	Obese	22%	24%

^ New question in 2019.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile
Overweight: 85th to less than the 95th percentile
Obese: Equal to or greater than the 95th percentile

2019 Minnesota Student Survey

**TABLE 21
RECEIPT OF TREATMENT; ORAL HEALTH**

Minnesota Statewide Data

		Male	Female
		%	%
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)	No	63%	38%
	Yes, during the last year	23%	45%
	Yes, more than a year ago	20%	32%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)	No	89%	87%
	Yes, during the last year	8%	8%
	Yes, more than a year ago	4%	6%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	68%	64%
	Between 1 and 2 years ago	18%	20%
	More than 2 years ago	10%	13%
	Never	4%	2%
Have you any of the following dental problems during the past 12 months? (Mark ALL that apply)^^	Toothaches or pain	23%	37%
	Decayed teeth or cavities	18%	24%
	Swollen, painful or bleeding gums	11%	11%
	Could not eat certain foods because of a dental problem	5%	12%
	Missed one or more school days because of a dental problem	7%	11%
	I have not had any of these dental health problems	58%	49%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?^^	Yes	54%	53%
	No, but I will see a dentist	35%	33%
	No, I am not able to get dental treatment	12%	14%

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 22
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR
TANNING DEVICE**

Minnesota Statewide Data

		Male	Female
		%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	17%	22%
	1 day	7%	11%
	2 days	12%	16%
	3 days	13%	16%
	4 days	12%	13%
	5 days	15%	10%
	6 days	5%	4%
	7 days	18%	8%
During a typical school night, how many hours of sleep do you get?	4 hours or less	17%	16%
	5 hours	17%	20%
	6 hours	24%	24%
	7 hours	23%	20%
	8 hours	14%	15%
	9 hours	4%	4%
	10 or more hours	1%	1%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?	0 times	94%	95%
	1 or 2 times	2%	2%
	3 to 9 times	2%	2%
	10 to 19 times	1%	0%
	20 to 39 times	1%	0%
	40 or more times	1%	0%

2019 Minnesota Student Survey

TABLE 23 EATING MEALS

Minnesota Statewide Data

		Male	Female
		%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	13%	17%
	No	87%	83%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	32%	37%
	Regular school lunch from the cafeteria	56%	56%
	The a la carte line (buy individual items)	5%	4%
	School store or vending machine	7%	6%
	Fast food restaurant, gas station or somewhere else outside of school	15%	15%
	I bring lunch from home.	10%	14%
Do you currently get free or reduced-price lunch at school?^	Yes	47%	57%
	No	39%	33%
	Not sure	14%	11%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 24A
NUTRITION

Minnesota Statewide Data

		Male	Female
		%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)^	I did NOT eat or drink this	25%	28%
	1 to 3 times in the last 7 days	39%	41%
	4 to 6 times in the last 7 days	15%	13%
	1 time per day	10%	7%
	2 times per day	5%	5%
	3 times per day	3%	2%
	4 or more times per day	5%	3%
During the last 7 days, how many times did you eat fruit? (Do not count fruit juice)^	I did NOT eat or drink this	16%	13%
	1 to 3 times in the last 7 days	36%	39%
	4 to 6 times in the last 7 days	18%	19%
	1 time per day	13%	13%
	2 times per day	8%	8%
	3 times per day	4%	3%
	4 or more times per day	5%	5%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	20%	18%
	1 to 3 times in the last 7 days	36%	36%
	4 to 6 times in the last 7 days	19%	19%
	1 time per day	14%	13%
	2 times per day	6%	7%
	3 times per day	3%	3%
	4 or more times per day	3%	4%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	18%	17%
	1 to 3 times in the last 7 days	54%	57%
	4 to 6 times in the last 7 days	15%	12%
	1 time per day	7%	7%
	2 times per day	3%	4%
	3 times per day	1%	1%
	4 or more times per day	2%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^^	Less than five	87%	88%
	Five or more	13%	12%

^ Change in question wording from 2016.

^^ This is a computed variable based on combinations of responses to the first three questions on this table.

2019 Minnesota Student Survey

TABLE 24B
NUTRITION[^]

Minnesota Statewide Data

<i>During the last 7 days, how many times did you drink...</i>		Male	Female
		%	%
... a glass of milk?	I did NOT eat or drink this	18%	36%
	1 to 3 times in the last 7 days	27%	29%
	4 to 6 times in the last 7 days	19%	11%
	1 time per day	14%	12%
	2 times per day	12%	7%
	3 times per day	5%	2%
	4 or more times per day	6%	3%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite?	I did NOT eat or drink this	18%	25%
	1 to 3 times in the last 7 days	36%	40%
	4 to 6 times in the last 7 days	19%	16%
	1 time per day	12%	8%
	2 times per day	7%	6%
	3 times per day	3%	2%
	4 or more times per day	6%	3%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade?	I did NOT eat or drink this	36%	53%
	1 to 3 times in the last 7 days	33%	30%
	4 to 6 times in the last 7 days	15%	8%
	1 time per day	8%	5%
	2 times per day	4%	2%
	3 times per day	2%	1%
	4 or more times per day	2%	1%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	56%	71%
	1 to 3 times in the last 7 days	25%	20%
	4 to 6 times in the last 7 days	8%	4%
	1 time per day	5%	4%
	2 times per day	3%	1%
	3 times per day	2%	0%
	4 or more times per day	2%	0%
... a can, bottle or glass of coffee or tea that had sugar, syrups, or honey added to it?	I did NOT eat or drink this	48%	37%
	1 to 3 times in the last 7 days	30%	33%
	4 to 6 times in the last 7 days	10%	13%
	1 time per day	6%	10%
	2 times per day	3%	4%
	3 times per day	2%	2%
	4 or more times per day	1%	1%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	I did NOT eat or drink this	46%	48%
	1 to 3 times in the last 7 days	32%	33%
	4 to 6 times in the last 7 days	11%	9%
	1 time per day	5%	4%
	2 times per day	3%	3%
	3 times per day	2%	1%
	4 or more times per day	1%	1%
... a bottle or glass of water?	I did NOT eat or drink this	5%	3%
	1 to 3 times in the last 7 days	11%	10%
	4 to 6 times in the last 7 days	11%	12%
	1 time per day	11%	11%
	2 times per day	15%	12%
	3 times per day	15%	14%
	4 or more times per day	34%	37%

[^] All questions on this table were new in 2019.

2019 Minnesota Student Survey

TABLE 25 VEHICLE SAFETY[^]

Minnesota Statewide Data

		Male	Female
		%	%
When driving a car, truck or SUV, how often do you send or read text messages or emails?	I don't drive a car, truck or SUV	41%	50%
	I never do this	27%	22%
	Rarely	14%	13%
	Sometimes	10%	9%
	Often	4%	4%
	Always	4%	2%
When driving a car, truck or SUV, how often do you make or answer a phone call?	I don't drive a car, truck or SUV	41%	50%
	I never do this	19%	15%
	Rarely	14%	14%
	Sometimes	14%	12%
	Often	6%	6%
	Always	7%	3%
How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?	I don't ride in a car, truck or SUV	18%	18%
	I never do this	4%	1%
	Rarely	5%	3%
	Sometimes	7%	6%
	Often	11%	13%
	Always	55%	59%

[^] All questions on this table had wording changes from 2016.

2019 Minnesota Student Survey

TABLE 26A
SELF DESCRIPTION[^]

Minnesota Statewide Data

<i>In general, how does each of the following statements describe you?</i>		Male	Female
		%	%
I feel in control of my life and future.	Not at all or rarely	14%	17%
	Somewhat or sometimes	34%	45%
	Very or often	32%	27%
	Extremely or almost always	20%	12%
I feel good about myself.	Not at all or rarely	12%	25%
	Somewhat or sometimes	35%	45%
	Very or often	34%	21%
	Extremely or almost always	19%	10%
I feel good about my future.	Not at all or rarely	15%	19%
	Somewhat or sometimes	35%	42%
	Very or often	31%	27%
	Extremely or almost always	19%	11%
I deal with disappointment without getting too upset.	Not at all or rarely	14%	20%
	Somewhat or sometimes	38%	48%
	Very or often	32%	24%
	Extremely or almost always	16%	9%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	13%	20%
	Somewhat or sometimes	36%	46%
	Very or often	35%	25%
	Extremely or almost always	16%	9%
I am thinking about what my purpose is in life.	Not at all or rarely	13%	11%
	Somewhat or sometimes	25%	32%
	Very or often	35%	32%
	Extremely or almost always	27%	25%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26B
SELF DESCRIPTION[^]

Minnesota Statewide Data

<i>In general, how does each of the following statements describe you?</i>		Male	Female
		%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	12%	13%
	Somewhat or sometimes	36%	34%
	Very or often	28%	29%
	Extremely or almost always	23%	24%
I build friendships with other people.	Not at all or rarely	13%	18%
	Somewhat or sometimes	35%	40%
	Very or often	34%	29%
	Extremely or almost always	18%	13%
I express my feelings in proper ways.	Not at all or rarely	17%	20%
	Somewhat or sometimes	41%	43%
	Very or often	30%	28%
	Extremely or almost always	11%	9%
I plan ahead and make good choices.	Not at all or rarely	16%	15%
	Somewhat or sometimes	39%	45%
	Very or often	32%	30%
	Extremely or almost always	13%	9%
I stay away from bad influences.	Not at all or rarely	15%	17%
	Somewhat or sometimes	34%	37%
	Very or often	30%	26%
	Extremely or almost always	21%	20%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	11%	9%
	Somewhat or sometimes	34%	36%
	Very or often	36%	36%
	Extremely or almost always	19%	19%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26C SELF DESCRIPTION[^]

Minnesota Statewide Data

<i>In general, how does each of the following statements describe you?</i>		Male	Female
		%	%
I accept people who are different from me.	Not at all or rarely	5%	3%
	Somewhat or sometimes	17%	12%
	Very or often	38%	30%
	Extremely or almost always	40%	55%
I am sensitive to the needs and feelings of others.	Not at all or rarely	15%	8%
	Somewhat or sometimes	31%	28%
	Very or often	35%	34%
	Extremely or almost always	19%	30%
I feel valued and appreciated by others.	Not at all or rarely	15%	21%
	Somewhat or sometimes	35%	43%
	Very or often	35%	26%
	Extremely or almost always	15%	10%
I am included in family tasks and decisions.	Not at all or rarely	15%	16%
	Somewhat or sometimes	30%	38%
	Very or often	35%	27%
	Extremely or almost always	20%	19%
I am given useful roles and responsibilities.	Not at all or rarely	12%	12%
	Somewhat or sometimes	31%	36%
	Very or often	39%	33%
	Extremely or almost always	18%	19%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 27A EMOTIONAL WELL-BEING AND DISTRESS

Minnesota Statewide Data

<i>Over the last two weeks, how often have you been bothered by...?</i>		Male	Female
		%	%
...little interest or pleasure in doing things?	Not at all	43%	25%
	Several days	31%	38%
	More than half the days	15%	18%
	Nearly every day	12%	19%
...feeling down, depressed or hopeless?	Not at all	52%	25%
	Several days	24%	34%
	More than half the days	13%	20%
	Nearly every day	11%	21%
...feeling nervous, anxious or on edge? [^]	Not at all	44%	19%
	Several days	28%	30%
	More than half the days	15%	21%
	Nearly every day	12%	30%
...not being able to stop or control worrying? [^]	Not at all	55%	25%
	Several days	23%	30%
	More than half the days	11%	19%
	Nearly every day	11%	26%

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 28
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND
SUICIDAL BEHAVIOR**

Minnesota Statewide Data

		Male	Female
		%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	82%	60%
	1 or 2 times	8%	14%
	3 to 5 times	5%	10%
	6 to 9 times	3%	4%
	10 to 19 times	1%	4%
	20 or more times	2%	8%
Have you ever seriously considered attempting suicide? (Mark ALL that apply)	No	68%	42%
	Yes, during the last year	17%	34%
	Yes, more than a year ago	21%	38%
Have you ever actually attempted suicide? (Mark ALL that apply)	No	82%	61%
	Yes, during the last year	7%	16%
	Yes, more than a year ago	13%	29%

2019 Minnesota Student Survey

TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

Minnesota Statewide Data

<i>During the last 12 months, how often have you...</i>		Male	Female
		%	%
...run away from home?	Never	86%	78%
	Once or twice	11%	18%
	3 to 5 times	2%	3%
	6 to 9 times	0%	1%
	10 or more times	1%	1%
...damaged or destroyed property?	Never	72%	77%
	Once or twice	20%	16%
	3 to 5 times	4%	4%
	6 to 9 times	2%	1%
	10 or more times	3%	1%
...hit or beat up another person?	Never	72%	76%
	Once or twice	19%	19%
	3 to 5 times	5%	4%
	6 to 9 times	1%	2%
	10 or more times	3%	1%
...taken something from a store without paying for it?	Never	77%	69%
	Once or twice	12%	15%
	3 to 5 times	4%	7%
	6 to 9 times	2%	3%
	10 or more times	5%	7%

2019 Minnesota Student Survey

**TABLE 30A
GAMBLING BEHAVIOR**

Minnesota Statewide Data

<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		Male	Female
		%	%
Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling	Not at all	66%	85%
	Less than once a month	16%	8%
	About once a month	8%	4%
	About once a week	5%	2%
	2 to 6 times a week	2%	1%
	Daily	3%	1%
Bought lottery tickets or scratch offs	Not at all	83%	85%
	Less than once a month	9%	10%
	About once a month	4%	4%
	About once a week	2%	1%
	2 to 6 times a week	1%	0%
	Daily	1%	1%
Gambled in a casino	Not at all	87%	92%
	Less than once a month	6%	5%
	About once a month	4%	1%
	About once a week	1%	1%
	2 to 6 times a week	1%	0%
	Daily	2%	1%
Gambled for money online	Not at all	92%	98%
	Less than once a month	3%	1%
	About once a month	2%	1%
	About once a week	1%	0%
	2 to 6 times a week	1%	0%
	Daily	1%	0%

2019 Minnesota Student Survey

TABLE 30B GAMBLING BEHAVIOR

<i>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS</i>		Male	Female
		%	%
...hidden your gambling/betting from your parents, other family members or teachers?	Never	89%	91%
	Sometimes	6%	5%
	Many times	3%	3%
	All of the time	1%	2%
...felt that you might have a problem with gambling/betting?	Never	90%	92%
	Sometimes	7%	5%
	Many times	2%	3%
	All of the time	1%	1%
...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?	Never	91%	95%
	Sometimes	5%	3%
	Many times	3%	2%
	All of the time	1%	0%

2019 Minnesota Student Survey

**TABLE 31
SUMMARY OF SUBSTANCE USE****

Minnesota Statewide Data

		Male	Female
		%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	67%	66%
	Yes	33%	34%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days	No	50%	45%
	Yes	50%	55%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	93%	94%
	Yes	7%	6%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	41%	34%
	Used only alcohol in the past year	12%	12%
	Used alcohol and marijuana in past year, but not other drugs	13%	14%
	Used marijuana or other drugs but not alcohol in the past year	11%	12%
	Used alcohol and marijuana or other drugs in the past year	22%	29%

** These are all computed variables based on combinations of responses to two or more survey items.

2019 Minnesota Student Survey

TABLE 33
TOBACCO USE

Minnesota Statewide Data

		Male	Female
<i>During the last 30 days, on how many days did you ...</i>		%	%
...smoke a cigarette?	0 days	73%	68%
	1 to 2 days	8%	12%
	3 to 9 days	6%	6%
	10 to 19 days	4%	4%
	20 to 29 days	3%	2%
	All 30 days	7%	7%
...smoke cigars, cigarillos or little cigars?	0 days	82%	89%
	1 to 2 days	9%	5%
	3 to 9 days	4%	2%
	10 to 19 days	3%	1%
	20 to 29 days	1%	1%
	All 30 days	1%	1%
...use chewing tobacco, snuff or dip?	0 days	89%	96%
	1 to 2 days	4%	2%
	3 to 9 days	3%	1%
	10 to 19 days	1%	0%
	20 to 29 days	0%	1%
	All 30 days	2%	0%
...vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	55%	49%
	1 to 2 days	9%	13%
	3 to 9 days	7%	9%
	10 to 19 days	7%	6%
	20 to 29 days	5%	5%
	All 30 days	17%	18%
...use a hookah or a waterpipe to smoke tobacco?	0 days	93%	93%
	1 to 2 days	3%	4%
	3 to 9 days	1%	1%
	10 to 19 days	1%	1%
	20 to 29 days	1%	0%
	All 30 days	1%	1%
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	75%	70%
	1 to 2 days	8%	10%
	3 to 9 days	6%	8%
	10 to 19 days	4%	4%
	20 to 29 days	3%	2%
	All 30 days	5%	6%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	0 days or no tobacco use	75%	68%
	1 to 2 days	6%	9%
	3 to 9 days	5%	6%
	10 to 19 days	4%	5%
	20 to 29 days	3%	4%
	All 30 days	7%	8%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33A ACCESS TO E-CIGARETTES[^]

Minnesota Statewide Data

INCLUDES ONLY THOSE WHO VAPED OR USED E-CIGARETTES IN THE LAST 30 DAYS		Male	Female
		%	%
When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)	I bought it at gas stations or convenience stores	18%	13%
	I bought it at grocery, discount or drug stores	4%	1%
	I bought it on the internet	14%	12%
	I bought it at vape shops or other stores that sell only e-cigarettes	33%	27%
	I got it from friends	44%	54%
	I got it from my parents	5%	7%
	I got it from other family members	8%	10%
	I got it from someone I didn't know	7%	4%
	I got it by getting someone else to buy it for me	18%	20%
	I took it from my home	3%	3%
	I took it from a friend's home	2%	2%
	I took it from stores	3%	1%
	I got it some other way	22%	16%

[^] All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 35
ALCOHOL USE FREQUENCY AND QUANTITY**

Minnesota Statewide Data

		Male	Female
		%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	69%	65%
	1 to 2 days	14%	16%
	3 to 5 days	7%	9%
	6 to 9 days	5%	6%
	10 to 20 days	4%	4%
	20 to 29 days	1%	1%
	All 30 days	1%	1%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	55%	47%
	1 to 2	14%	18%
	3 to 5	10%	10%
	6 to 9	5%	9%
	10 to 19	7%	8%
	20 to 39	4%	5%
	40 or more	5%	4%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?	No alcohol use	56%	48%
	1 glass/can/drink	11%	16%
	2 glasses/cans/drinks	9%	10%
	3 glasses/cans/drinks	7%	9%
	4 glasses/cans/drinks	5%	6%
	5 or more glasses/cans/drinks	12%	11%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^	0 days	81%	79%
	1 day	6%	5%
	2 days	5%	6%
	3 to 5 days	5%	4%
	6 to 9 days	2%	3%
	10 to 19 days	1%	2%
	20 or more days	1%	1%

^ Change in question wording from 2016

2019 Minnesota Student Survey

TABLE 36 ACCESS TO ALCOHOL[^]

Minnesota Statewide Data

INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS		Male	Female
		%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)	I bought alcohol at gas stations or convenience stores	4%	3%
	I bought alcohol at bars or restaurants	4%	4%
	I bought alcohol at stores	7%	7%
	I bought alcohol on the Internet	2%	1%
	I got alcohol from friends	34%	50%
	I got alcohol from my parents	14%	13%
	I got alcohol from other family members	10%	15%
	I got alcohol by getting someone else to buy for me	23%	31%
	I got alcohol at parties	22%	36%
	I took alcohol from my home	12%	17%
	I took alcohol from a friend's home	6%	6%
	I took alcohol from stores	4%	3%
	I got alcohol some other way	29%	17%

[^] All questions on this table were new in 2019.

2019 Minnesota Student Survey

TABLE 37
USE OF MARIJUANA AND PRESCRIPTION DRUGS
Minnesota Statewide Data

		Male	Female
		%	%
During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0 days	65%	62%
	1 to 2 days	5%	7%
	3 to 5 days	4%	4%
	6 to 9 days	4%	4%
	10 to 19 days	4%	6%
	20 to 29 days	4%	8%
	All 30 days	13%	10%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0	60%	54%
	1 to 2	5%	7%
	3 to 5	4%	5%
	6 to 9	3%	3%
	10 to 19	4%	5%
	20 to 39	3%	5%
	40 or more	22%	21%
During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^	0 days	91%	88%
	1 to 2 days	4%	6%
	3 to 5 days	3%	3%
	6 to 9 days	1%	2%
	10 to 19 days	1%	1%
	20 to 29 days	0%	0%
	All 30 days	0%	1%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 38
PRESCRIPTION DRUG USE**

Minnesota Statewide Data

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		Male	Female
		%	%
Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills	0	97%	96%
	1 to 2	1%	2%
	3 to 5	1%	1%
	6 to 9	0%	0%
	10 to 19	0%	1%
	20 or more	0%	1%
ADHD or ADD drugs (Ritalin, Adderall, hyper pills)	0	89%	88%
	1 to 2	3%	6%
	3 to 5	3%	3%
	6 to 9	2%	1%
	10 to 19	1%	1%
	20 or more	1%	1%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	91%	90%
	1 to 2	4%	6%
	3 to 5	2%	2%
	6 to 9	1%	1%
	10 to 19	1%	1%
	20 or more	1%	0%
Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)	0	92%	89%
	1 to 2	2%	6%
	3 to 5	3%	2%
	6 to 9	1%	1%
	10 to 19	1%	1%
	20 or more	1%	1%

2019 Minnesota Student Survey

**TABLE 39
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN
USE**

Minnesota Statewide Data

<i>During the last 12 months, on how many occasions (if any) have you used...</i>	Male	Female	
	%	%	
...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	87%	86%
	1 to 2	7%	9%
	3 to 5	3%	3%
	6 to 9	1%	1%
	10 to 19	1%	1%
	20 or more	1%	0%
...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	93%	93%
	1 to 2	4%	4%
	3 to 5	1%	2%
	6 to 9	1%	1%
	10 to 19	0%	0%
	20 or more	0%	0%
...used crack, coke or cocaine in any form?	0	92%	93%
	1 to 2	4%	4%
	3 to 5	2%	1%
	6 to 9	1%	1%
	10 to 19	1%	0%
	20 or more	0%	1%
...used heroin (smack, junk, China White)?	0	98%	99%
	1 to 2	1%	1%
	3 to 5	0%	0%
	6 to 9	0%	0%
	10 to 19	1%	0%
	20 or more	0%	0%

2019 Minnesota Student Survey

**TABLE 40
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,
SYNTHETIC DRUG AND INHALANT USE**

Minnesota Statewide Data

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Male	Female
		%	%
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	96%	97%
	1 to 2	1%	1%
	3 to 5	0%	0%
	6 to 9	1%	0%
	10 to 19	0%	0%
	20 or more	1%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	90%	90%
	1 to 2	5%	5%
	3 to 5	2%	3%
	6 to 9	1%	1%
	10 to 19	1%	0%
	20 or more	1%	1%
...used synthetic marijuana (K2, Gold) that you took only to get high?^	0	95%	92%
	1 to 2	2%	3%
	3 to 5	1%	1%
	6 to 9	1%	1%
	10 to 19	0%	1%
	20 or more	1%	2%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?^	0	98%	99%
	1 to 2	1%	0%
	3 to 5	0%	0%
	6 to 9	1%	0%
	10 to 19	0%	0%
	20 or more	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	97%	97%
	1 to 2	1%	2%
	3 to 5	1%	0%
	6 to 9	0%	0%
	10 to 19	0%	0%
	20 or more	0%	0%

^ Change from 2016 from one question to two.

2019 Minnesota Student Survey

**TABLE 41
PERCEIVED RISK OF HARM FROM SUBSTANCE USE**

Minnesota Statewide Data

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Male	Female
		%	%
...smoke one or more packs of cigarettes per day?	No risk	24%	17%
	Slight risk	10%	10%
	Moderate risk	21%	21%
	Great risk	45%	52%
...have five or more drinks of an alcoholic beverage once or twice per week?	No risk	24%	17%
	Slight risk	23%	19%
	Moderate risk	28%	30%
	Great risk	25%	35%
...use marijuana once or twice per week?	No risk	57%	52%
	Slight risk	22%	26%
	Moderate risk	10%	10%
	Great risk	10%	12%
...use prescription drugs not prescribed for them?	No risk	21%	15%
	Slight risk	11%	12%
	Moderate risk	27%	30%
	Great risk	41%	43%
...vape or use e-cigarettes? [^]	No risk	32%	22%
	Slight risk	32%	38%
	Moderate risk	22%	24%
	Great risk	14%	16%

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 42A
PERCEPTIONS OF PARENTS' DISAPPROVAL OF
SUBSTANCE USE**

Minnesota Statewide Data

		Male	Female
		%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	18%	10%
	A little bit wrong	12%	14%
	Wrong	20%	23%
	Very wrong	50%	53%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	15%	7%
	A little bit wrong	12%	10%
	Wrong	21%	23%
	Very wrong	53%	60%
How wrong do your parents feel it would be for you to use marijuana?	Not at all wrong	24%	21%
	A little bit wrong	18%	21%
	Wrong	17%	17%
	Very wrong	41%	42%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	11%	6%
	A little bit wrong	5%	6%
	Wrong	15%	17%
	Very wrong	69%	70%
How wrong do your parents feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	24%	19%
	A little bit wrong	21%	23%
	Wrong	18%	19%
	Very wrong	37%	40%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 42B
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF
SUBSTANCE USE**

Minnesota Statewide Data

		Male	Female
		%	%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	35%	31%
	A little bit wrong	17%	20%
	Wrong	20%	20%
	Very wrong	28%	30%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	33%	24%
	A little bit wrong	21%	21%
	Wrong	22%	26%
	Very wrong	24%	29%
How wrong do your friends feel it would be for you to use marijuana?	Not at all wrong	56%	55%
	A little bit wrong	14%	16%
	Wrong	11%	11%
	Very wrong	18%	18%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	23%	18%
	A little bit wrong	16%	18%
	Wrong	21%	25%
	Very wrong	39%	39%
How wrong do your friends feel it would be for you to vape or use e-cigarettes?[^]	Not at all wrong	55%	54%
	A little bit wrong	16%	16%
	Wrong	11%	11%
	Very wrong	17%	19%

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 43
PERCEPTIONS ABOUT ALCOHOL USE**

Minnesota Statewide Data

		Male	Female
		%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	41%	40%
	Agree	32%	36%
	Neither agree nor disagree	20%	17%
	Disagree	3%	4%
	Strongly disagree	3%	3%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	37%	38%
	Agree	23%	27%
	Neither agree nor disagree	26%	26%
	Disagree	8%	6%
	Strongly disagree	5%	4%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	24%	20%
	Agree	28%	30%
	Neither agree nor disagree	32%	34%
	Disagree	9%	11%
	Strongly disagree	7%	5%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	22%	18%
	Agree	20%	22%
	Neither agree nor disagree	35%	33%
	Disagree	13%	17%
	Strongly disagree	10%	10%

2019 Minnesota Student Survey

**TABLE 44
USE OF TOBACCO, ALCOHOL, MARIJUANA AND
E-CIGARETTES**

Minnesota Statewide Data

<i>How often do you use each of the following?</i>		Male	Female
		%	%
Tobacco (cigarettes, chew)	Never	67%	66%
	Tried once or twice	7%	8%
	Once or twice a year	3%	4%
	Once a month	3%	4%
	Twice a month	2%	3%
	Once a week	4%	4%
	Daily	14%	11%
Alcohol (beer, wine, liquor)	Never	54%	47%
	Tried once or twice	12%	13%
	Once or twice a year	10%	13%
	Once a month	10%	10%
	Twice a month	8%	10%
	Once a week	5%	6%
	Daily	1%	1%
Marijuana (pot, hash, hash oil)	Never	56%	46%
	Tried once or twice	7%	11%
	Once or twice a year	4%	5%
	Once a month	5%	5%
	Twice a month	3%	6%
	Once a week	6%	8%
	Daily	19%	19%
Vaping device or e-cigarette [^]	Never	49%	44%
	Tried once or twice	9%	12%
	Once or twice a year	3%	2%
	Once a month	4%	5%
	Twice a month	4%	4%
	Once a week	9%	8%
	Daily	22%	24%

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 45
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL,
MARIJUANA AND E-CIGARETTES**

Minnesota Statewide Data

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Male	Female
		%	%
Tobacco (cigarettes, chew)	Never	29%	19%
	Tried once or twice	10%	10%
	Once or twice a year	3%	3%
	Once a month	7%	6%
	Twice a month	4%	5%
	Once a week	13%	15%
	Daily	34%	42%
Alcohol (beer, wine, liquor)	Never	25%	13%
	Tried once or twice	10%	8%
	Once or twice a year	4%	4%
	Once a month	7%	9%
	Twice a month	10%	12%
	Once a week	24%	31%
	Daily	19%	23%
Marijuana (pot, hash, hash oil)	Never	25%	14%
	Tried once or twice	6%	6%
	Once or twice a year	3%	2%
	Once a month	3%	5%
	Twice a month	4%	4%
	Once a week	16%	16%
	Daily	43%	54%
Vaping device or e-cigarette [^]	Never	22%	12%
	Tried once or twice	6%	5%
	Once or twice a year	2%	2%
	Once a month	2%	3%
	Twice a month	3%	3%
	Once a week	10%	8%
	Daily	55%	67%

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 46A
CONSEQUENCES OF SUBSTANCE USE**

Minnesota Statewide Data

<i>During the last 12 months ...</i>		Male	Female
		%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	43%	36%
	Yes	15%	18%
	No	42%	46%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	43%	36%
	Yes	10%	13%
	No	47%	51%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	43%	36%
	Yes	10%	12%
	No	47%	52%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	44%	36%
	Yes	11%	18%
	No	45%	46%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	43%	36%
	0 times	40%	44%
	1 time	6%	6%
	2 times	3%	4%
	3 or more times	8%	10%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	43%	36%
	0 times	48%	51%
	1 time	4%	4%
	2 times	2%	4%
	3 or more times	3%	5%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	43%	36%
	0 times	47%	51%
	1 time	5%	6%
	2 times	2%	3%
	3 or more times	4%	4%

2019 Minnesota Student Survey

**TABLE 46B
CONSEQUENCES OF SUBSTANCE USE**

Minnesota Statewide Data

<i>During the last 12 months, how many times...</i>		Male	Female
		%	%
...how many times have you driven a motor vehicle after using alcohol or drugs?	Did not use past 12 months	41%	33%
	0 times	45%	54%
	1 time	4%	4%
	2 times	3%	3%
	3 or more times	7%	5%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	43%	36%
	0 times	52%	59%
	1 time	2%	3%
	2 times	2%	1%
	3 or more times	1%	2%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	43%	36%
	0 times	41%	45%
	1 time	7%	6%
	2 times	3%	6%
	3 or more times	6%	7%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	43%	36%
	0 times	41%	44%
	1 time	7%	8%
	2 times	3%	5%
	3 or more times	6%	8%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	43%	36%
	0 times	41%	40%
	1 time	5%	7%
	2 times	4%	8%
	3 or more times	6%	9%

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TABLE 47A SEXUAL BEHAVIOR

Minnesota Statewide Data

		Male	Female
		%	%
Have you ever had sexual intercourse ('had sex')?	Yes	62%	63%
	No	38%	37%
During the last 12 months, with how many different people have you had sexual intercourse?^	None	43%	43%
	1 person	26%	28%
	2 persons	12%	13%
	3 persons	7%	7%
	4 persons	4%	3%
	5 persons	2%	2%
	6 or more persons	7%	4%

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 47B SEXUAL BEHAVIOR

Minnesota Statewide Data

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Male	Female
		%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	22%	21%
	Not with every partner	19%	19%
	At least once with every partner	59%	60%
Have you talked with your partner(s) about preventing pregnancy?	Never	22%	20%
	Not with every partner	15%	19%
	At least once with every partner	63%	61%
The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^	No method was used to prevent pregnancy	11%	15%
	Birth control pills	34%	25%
	Condoms	45%	32%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD	15%	32%
	Withdrawal (pull-out)	40%	30%
	Some other method	3%	4%
	Not sure	7%	6%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	47%	34%
	No	53%	66%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?	Yes	23%	23%
	No	77%	77%

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".