

# Demonstration: Front Hold

## TRANSCRIPT

We refer to this as a front hold. And what you see is the child is positioned firmly onto the parent's lap completely. Oftentimes, with a wiggly child you can't even get them firmly in the lap and the parent will all the way continue to try to cross the legs. This is important that he's firmly on the lap, otherwise the whole thing will go to the floor. So first get them securely on the lap. And then have the parent hold the forearms not the wrists or the hands, which will easily break -- in terms of away from security. And then the legs go between the parent and then they cross the legs, pretty strongly. At this point the child might be wiggly, so I always warn a parent about a bucking head backwards. We have had parents that don't anticipate that and end up getting a split lip. So, we have to be really careful about that. This works really well with kids a little bit younger than this, as well as this age.

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