

Demonstration: Side Sit Hold

TRANSCRIPT

This position is a side hold. And it involves as large as this child here. Or a smaller child. What I like is to have whatever arm you're going to vaccinate facing the nurse. Turn the child away, turned sideways onto the parent's lap. Notice the child's arm is underneath the dad's arm and will be against the chair. Dad's body weight against the child's hand and the chair -- gently. Then dad has a strong hold on his forearm and then can help him with the forearm. In a smaller child, dad will easily be able to comfort or hold or restrain the child with one hand, and then hold the two legs together with the second hand.

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