

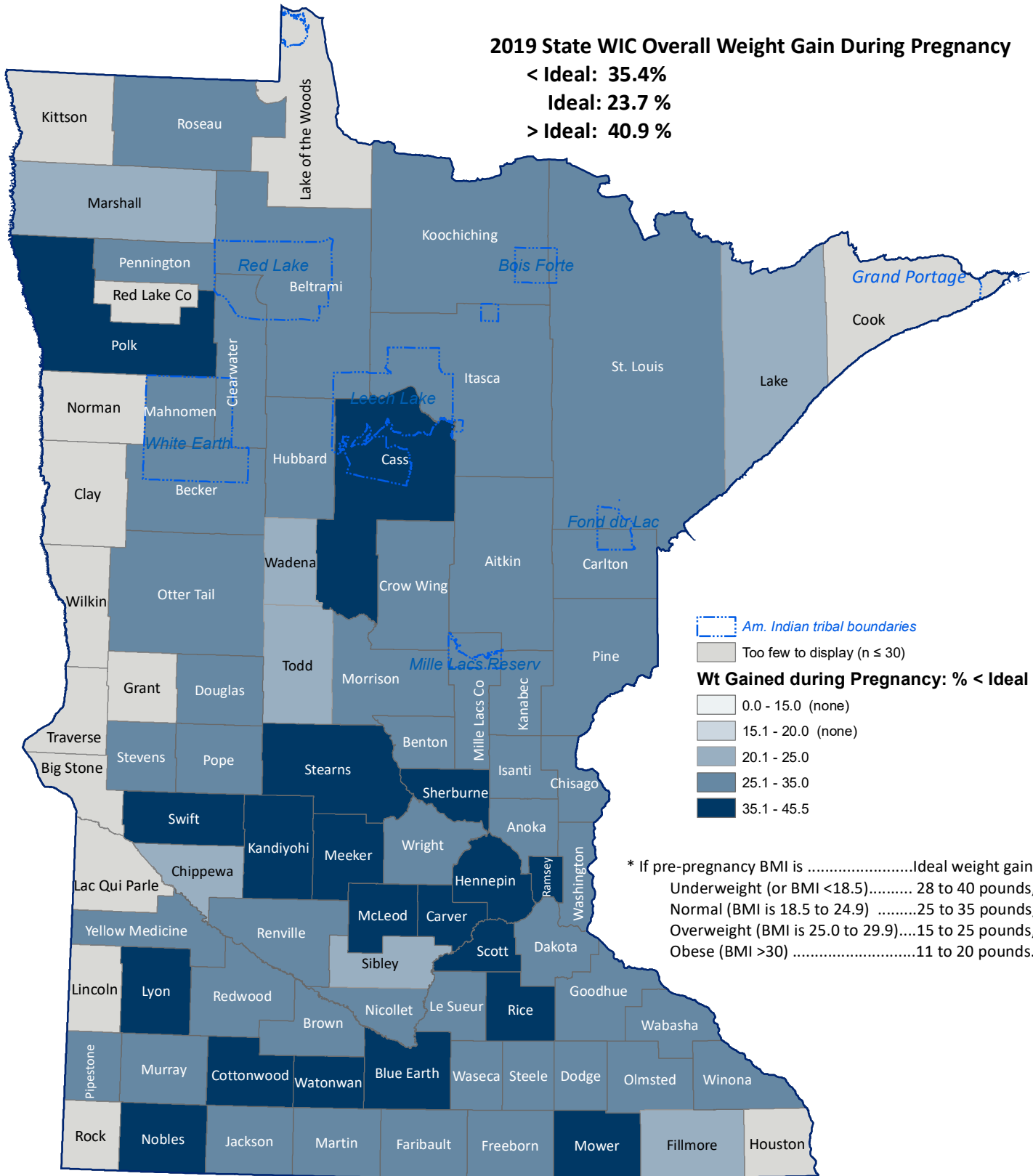
Appropriate Weight Gain During Pregnancy: % Less than Ideal * Participants in MN-WIC by County of Residence, 2019

2019 State WIC Overall Weight Gain During Pregnancy

< Ideal: 35.4%

Ideal: 23.7%

> Ideal: 40.9%



Source: Minnesota WIC Information System, 2019.



For more information
contact Minnesota WIC
1-800-657-3942

*This organization is an
equal opportunity provider.*

Suggested Reference: Minnesota WIC, Appropriate
Weight Gain During Pregnancy: Percent Less than Ideal, March 2023
Participants in MN-WIC by County of Residence, 2019.

[map] Created using ArcMap, DG, scale 1:3,062,798, St. Paul, MN 2023.