

Pre-pregnancy Weight Status by Year in Minnesota WIC

Year ¹	Total ²	Underweight ³	Normal Weight ⁴	Overweight ⁵	Obese ⁶	Obese or Overweight ⁷
2021	21,891	2.3 [2.0, 2.6]	27.2 [26.9, 27.5]	29.9 [29.6, 30.2]	40.7 [40.4, 41.0]	70.6 [70.3, 70.9]
2020	23,026	2.5 [2.2, 2.7]	28.1 [27.8, 28.4]	29.9 [29.6, 30.2]	39.8 [39.5, 40.1]	69.4 [69.1, 69.7]
2019	22,560	2.6 [2.3, 2.8]	29.7 [29.4, 30.0]	29.1 [28.8, 29.4]	38.6 [38.3, 38.9]	67.7 [67.4, 68.0]
2018	21,950	3.2 [3.0, 3.5]	34.5 [33.9, 35.2]	27.8 [27.2, 28.4]	34.1 [33.8, 35.0]	62.2 [61.6, 62.9]
2017	23,990	3.1 [2.9, 3.4]	36.0 [34.2, 35.4]	28.0 [32.4, 33.6]	32.8 [32.3, 33.4]	60.8 [60.2, 61.5]
2016	26,620	3.2 [3.0, 3.4]	31.3 [30.8, 31.9]	29.7 [29.2, 30.3]	35.7 [35.2, 36.3]	65.5 [64.9, 66.0]
2014	23,940	3.2 [3.0, 3.5]	38.2 [37.6, 38.8]	27.7 [27.2, 28.3]	30.8 [30.0, 31.0]	58.3 [57.7, 58.9]
2013	24,510	3.2 [3.0, 3.5]	39.0 [38.4, 39.6]	27.1 [26.6, 27.7]	30.7 [30.1, 31.3]	57.8 [57.2, 58.4]
2012	25,727	3.4 [2.7, 2.9]	38.4 [37.8, 39.0]	28.1 [27.5, 28.7]	30.1 [29.6, 30.7]	58.2 [57.6, 58.8]
2011	25,084	3.0 [2.8, 3.1]	38.3 [37.7, 38.9]	27.8 [27.3, 28.4]	30.8 [30.3, 31.5]	58.7 [58.1, 59.3]
2010	33,466	3.4 [3.2, 3.6]	41.4 [40.9, 41.9]	27.1 [26.6, 27.6]	28.1 [27.6, 28.6]	55.2 [54.7, 55.8]
2009	35,750	3.6 [3.4, 3.8]	42.1 [41.6, 42.6]	26.3 [25.9, 26.8]	27.9 [27.4, 28.4]	54.2 [53.7, 54.7]
2008	36,304	3.6 [3.4, 3.8]	43.1 [42.6, 43.6]	23.0 [22.6, 23.4]	30.3 [29.8, 30.8]	53.3 [52.8, 53.8]
2007	37,957	3.7 [3.5, 3.9]	43.8 [43.3, 44.3]	22.8 [22.4, 23.2]	29.7 [29.2, 30.2]	52.5 [52.0, 53.0]
2006	37,297	3.8 [3.6, 4.0]	44.8 [44.3, 45.3]	22.2 [21.8, 22.6]	29.2 [28.7, 29.7]	51.4 [50.9, 51.9]
2005	33,786	4.0 [3.8, 4.2]	44.0 [43.5, 44.5]	23.0 [22.6, 23.5]	29.0 [28.5, 29.5]	52.0 [51.5, 52.5]
2004	21,696	4.3 [4.0, 4.6]	46.2 [45.5, 46.9]	21.6 [21.1, 22.2]	27.9 [27.3, 28.5]	49.5 [48.8, 50.2]
2003	30,048	4.2 [4.0, 4.4]	45.7 [45.1, 46.3]	22.1 [21.6, 22.6]	28.0 [27.5, 28.5]	50.1 [49.5, 50.7]

Pre-pregnancy Weight Status by Year in Minnesota WIC

Percent [95% Confidence Interval] Confidence intervals that do not overlap between two comparison years are statistically significant.

Suggested Citation: Minnesota WIC Information System. *Pre-pregnancy Weight Status by Year in Minnesota WIC*. Minnesota WIC Program: 2022.

For more information contact: Minnesota WIC Program: 1 (800) 657-3942

¹ Reporting period is January 1 through December 31.

² Total number of women delivering during the calendar year with valid pre-pregnancy height and weight measurements.

³ BMI < 18.5

⁴ BMI 18.5 to 24.9

⁵ BMI 25.0 to 29.9

⁶ BMI ≥ 30.0

⁷ BMI ≥ 25.0