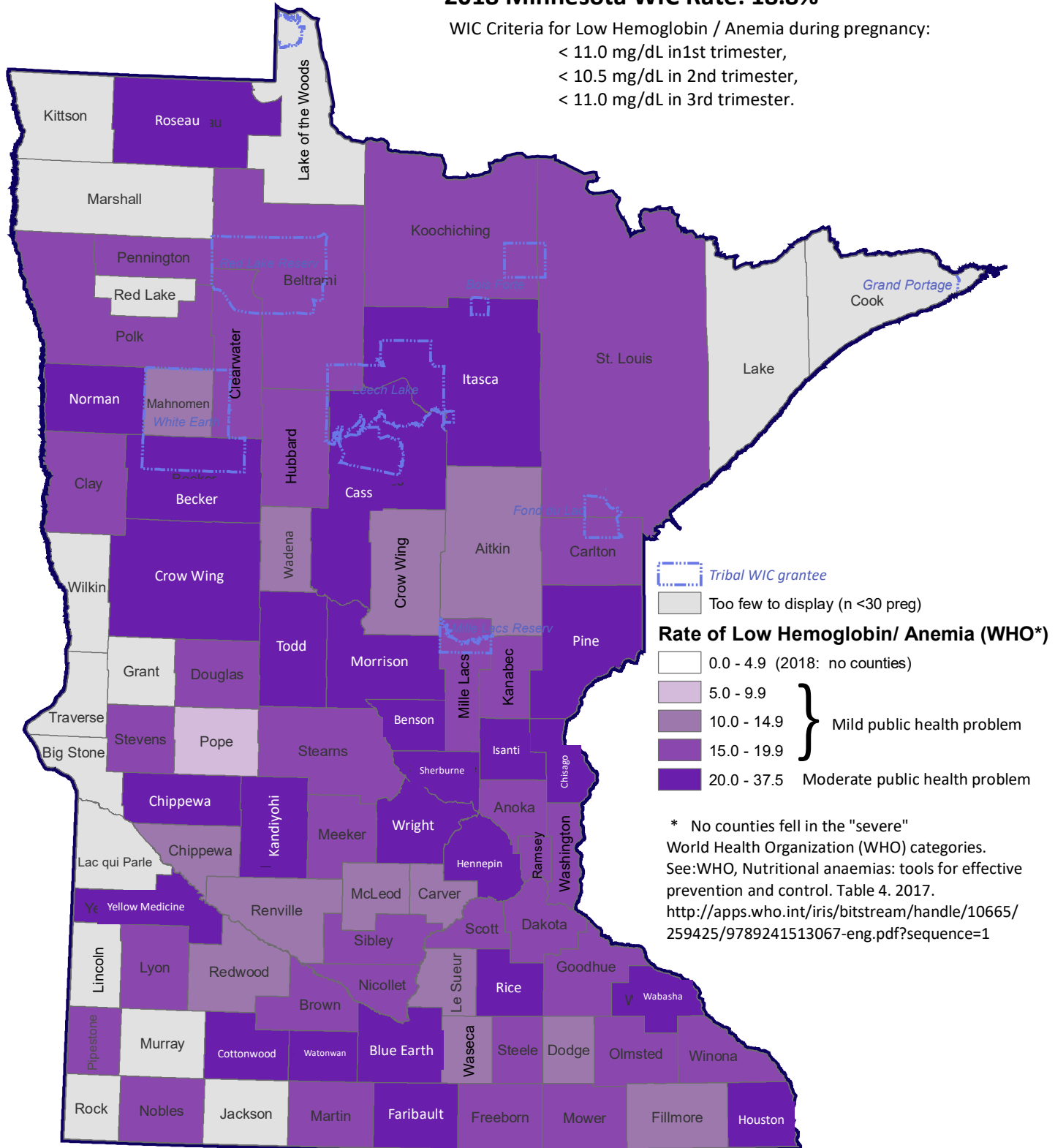


# Iron Status during WIC Pregnancy by County of Residence, 2018

**2018 Minnesota WIC Rate: 18.8%**

WIC Criteria for Low Hemoglobin / Anemia during pregnancy:  
 < 11.0 mg/dL in 1st trimester,  
 < 10.5 mg/dL in 2nd trimester,  
 < 11.0 mg/dL in 3rd trimester.



For more information, contact:  
 MN-WIC: 1-800-657-3942

Joni.Geppert@state.mn.us  
 Deb.Grundmanis@state.mn.us  
 Nov. 2020

WIC is an equal opportunity provider.

Data collected in WIC clinics for pregnant women in 2018. Low hemoglobin during pregnancy is an indicator of anemia. Healthy People 2020 objective for iron deficiency anemia is ≤ 14.9% of population. Source: Minnesota WIC Information System, 2019. Hemoglobin.

Suggested Citation: Minnesota WIC Program, Low Hemoglobin during Pregnancy by County of Residence, 2018.  
 [map] Reference Scale 1:3,188,615, using ArcGIS. DG St.Paul: Minnesota WIC, 2019 (colors revised 11/2020)