

Food Prescription 2B – Risk Factors & BF Dyads - WINNIE Online Training Module

OCTOBER 2023

Introduction

Intro

This online training module is provided by the Minnesota (MN) Department of Health WIC Program. It's a continued overview of risk factors and breastfeeding dyads and their effect on food prescriptions in WINNIE, the MN WIC Information System.

Date

All dates in this module are based on today's date being October 11, 2023.

<Transition Slide>

<screen description – no audio> Slide transitions to Search page.

Other Risk Factors 1

Risk Factor 355 for Lactose Intolerance is the only risk factor that directly affects the food items, as we saw in the last module with Graye Blue.

However, other risk factors will impact which food package is provided.

Let's take a look at these.

<Transition Slide>

<screen description – no audio> Slide transitions to Bea Fuddle's Food Prescription page.

RF 335 Multifetal Gest. 1

When Risk Factor 335 Multifetal Gestation is assigned to a Pregnant woman, she receives Food Package 7 instead of 5, which provides increased protein in the form of eggs, milk, and canned fish.

RF 335 Multifetal Gest. 2

Since Food Package 7 is most often associated with Fully Breastfeeding women, Pregnant with Multiples displays to remind the user why she is receiving this food package.

<Transition Slide>

Let's take a look at another participant.

<screen description – no audio> Slide transitions to Della Ware's Food Prescription page.

RF 338 Pg & BF 1

Della Ware is currently being certified as Pregnant.

Risk Factor 338 is assigned to pregnant women who are breastfeeding.

However, for the Food Package to be affected, they must be currently breastfeeding an infant, not a child, which Della is, and the breastfeeding amount must be fully or mostly.

We've also updated the Breastfeeding Verified Date in Della's record.

<Transition Slide>

We've completed Della's risk factors...

<screen description – no audio> Slide transitions to Della Ware's Risk Factors page.

RF 338 Pg & BF 2

...and the system has assigned 338.

Go ahead and open the Food Prescription page.

<no audio> Select Food Prescription from the sidebar.

<Waiting>

<screen description – no audio> Working...please wait and spin icon display.

RF 338 Pg & BF 3

When 338 is assigned and the criteria are met, food package 7 is the default instead of 5.

Again, the system informs us by displaying Pregnant and Fully/Partially Breastfeeding.

Since this impacts food prescriptions, let's take a look at what happens if mom changes to some-breastfeeding.

Return to Health Information and change Della to Some-Breastfeeding.

<Waiting>

<screen description – no audio> Working...please wait and spin icon display.

RF 338 Pg & BF 4-5

<no audio> Return to Health Information and change Della to Some-Breastfeeding.

RF 338 Pg & BF 6

Click below the scrollbar, Save, and return to Food Prescription.

RF 338 Pg & BF 7

<no audio> Click below the scrollbar, Save, and return to Food Prescription.

RF 338 Pg & BF 8

This message is letting us know that it is creating a new default food package for us.

Clicking No would revert the changes we had made to Health Information.

Click Yes and continue.

<no audio> Click below the scrollbar, Save, and return to Food Prescription.

<Waiting>

<screen description – no audio> Spin icon displays.

RF 338 Pg & BF 9

<no audio> Click below the scrollbar, Save, and return to Food Prescription.

RF 338 Pg & BF 10

The new default food package is 5, which is typically provided to pregnant women.

Since we changed mom to some-breastfeeding, we need to change her baby as well.

Mom's previous breastfeeding postpartum record is still linked to the infant, but there is no link existing between mom's pregnancy record and baby's record.

Go ahead and switch to her baby's, Mary's, folder.

<audio – hint> Remember, the system automatically closes Cert Mode when switching to another household member's folder. Click the Participant Menu.

RF 338 Pg & BF 11

<no audio> Switch to her baby's, Mary's, folder.

RF 338 Pg & BF 12

Go ahead and update Mary's Breastfeeding Amount, her Breastfeeding Verified Date, Save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Select Health Information from the sidebar.

RF 338 Pg & BF 13

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Click the Breastfeeding Amount dropdown.

RF 338 Pg & BF 14

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Select Some-Breastfeeding.

RF 338 Pg & BF 15

Click three times in the Breastfeeding Verified Date field then type today's date of 10/11/23.

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

RF 338 Pg & BF 16-18

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<no audio> Click three times in the Breastfeeding Verified Date field then type today's date of 10/11/23.

RF 338 Pg & BF 19

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Click the Save button.

RF 338 Pg & BF 20

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Click the Yes button.

RF 338 Pg & BF 21

Mary is using powdered Enfamil Infant.

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Click the Food Item dropdown.

RF 338 Pg & BF 22

<no audio> Mary is using Enfamil Infant (pwd).

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Select Enfamil Infant (12.5 oz pwd).

RF 338 Pg & BF 23

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Click the Save button.

<Waiting>

<screen description – no audio> Spin icon displays.

RF 338 Pg & BF 24

<no audio> Update Mary's Breastfeeding Amount and Verified Date, save and return to her Food Prescription page. Follow any cues that display. Click anywhere for a hint.

<audio – hint> Select Food Prescription from the sidebar.

RF 338 Pg & BF 25

Let's take a look at her food packages, starting with 7/31.

RF 338 Pg & BF 26

The quantity is the max for a mostly breastfed infant.

Now expand today's food package, dated 10/11.

RF 338 Pg & BF 27

In the new default food package for some-breastfeeding infants, the max quantity is also the default, but we should still assess if this is appropriate.

Lastly, expand her 9-month food package for 10/29.

<no audio> Expand the 10/29 food package.

WIC STAFF: Mary was getting 4 cans. How many cans do you think you are using...?

Participants: “I think I’m using 8 or 9 cans...”

RF 338 Pg & BF 28

Click the button to continue.

<screen description – no audio> 7 cans default (SBF Max).

<Transition Slide>

If pregnant and breastfeeding...

<screen description – no audio> Slide transitions to Display Alerts modal.

338 & System Alert

...a system alert displays to inform us of this and to remind us about updating the verified date when we open a Participant Folder.

<Transition Slide>

In Issue Benefits...

<screen description – no audio> Slide transitions to Issue Benefits page.

338 & Issue Benefits

...if we hadn’t already updated the Breastfeeding Verified Dates for both our mom and baby, an action-required message displays for both mom and baby informing us that we must update the verified date before the system will suggest benefits.

This is different from linked breastfeeding dyads in which only the infant displays this message while benefits are suggested for mom, as we’ll see in the Issue Benefits modules.

<Transition Slide>

Let’s take a look at one last Risk Factor...

<screen description – no audio> Slide transitions to Issue Benefits page.

RF 801 Homeless 1

...801 – Homelessness.

Ilene Onyu is a child whose been assigned Risk Factor 801 – Homelessness.

Go ahead and open Food Prescription.

<no audio> Select Food Prescription from the sidebar.

<Waiting>

<screen description – no audio> Working...please wait and spin icon display.

RF 801 Homeless 2

Let's add a new default food package for today. Go ahead. Click anywhere for hints.

<audio – hint> Click the Add Food Prescription button.

RF 801 Homeless 3

<no audio> Add a new default food package for today. Click anywhere for hints.

<audio – hint> Click the Use Default button.

RF 801 Homeless 4

801 does not have a specific default food package, or default food items, associated with it.

However, we have a couple of options we can offer for juice and milk since refrigeration and storage space are often issues if homeless, especially since we only provide half-gallons and gallons of “regular” milk.

Let's start with juice.

Double-click to edit.

RF 801 Homeless 5

Click the Food Item dropdown.

RF 801 Homeless 6

The HOMELESS ONLY – six packs of juice can be provided with Risk Factor 801.

Go ahead and select it.

<no audio> Select the HOMELESS ONLY juice option.

RF 801 Homeless 7

This juice option does not provide the full nutritional benefit for children, but it does for women.

Click the button to continue.

RF 801 Homeless 8

We also have milk options.

If refrigeration and space are issues, we can offer to remove the cheese and yogurt and provide shelf-stable options for the milk.

PARTICIPANT: “I don’t really have anywhere to keep cold stuff, like milk...”

WIC STAFF: Let’s see what we can do to help with that. We can remove the cheese and yogurt and have a couple of kinds of milk that don’t have to be kept cold...

RF 801 Homeless 9

Ilene’s mom would like us to do that.

She prefers powdered milk if possible.

To provide the full milk benefit, we need to first delete the cheese and yogurt.

Go ahead and do that. Click anywhere for a hint.

<no audio> Delete the cheese then yogurt. Click anywhere for a hint.

<audio – hint> Single-click the Cheese row to select or highlight it.

RF 801 Homeless 10

<no audio> Delete the cheese then yogurt. Click anywhere for a hint.

<audio – hint> Click the Delete button.

RF 801 Homeless 11

<no audio> Delete the cheese then yogurt. Click anywhere for a hint.

<audio – hint> Click the Yes button.

RF 801 Homeless 12

<no audio> Delete the cheese then yogurt. Click anywhere for a hint.

<audio – hint> Single-click the Yogurt row to select or highlight it.

RF 801 Homeless 13

<no audio> Delete the cheese then yogurt. Click anywhere for a hint.

<audio – hint> Click the Delete button.

RF 801 Homeless 14

<no audio> Delete the cheese then yogurt. Click anywhere for a hint.

<audio – hint> Click the Yes button.

RF 801 Homeless 15

Now we need to exchange the fluid milk for powdered milk. Double-click to edit. Click for hints.

<audio – hint> Double-click the Whole Milk row.

RF 801 Homeless 16

Click below the scrollbar.

<no audio> Exchange the milk for powdered milk. Double-click to edit. Click anywhere for a hint.

RF 801 Homeless 17

<no audio> Exchange the milk for powdered milk. Double-click to edit. Click anywhere for a hint.

<audio – hint> Click the Food Item dropdown.

RF 801 Homeless 18

Generally, we want to provide the same kind of milk, fat free or whole, but we only have the one option for powdered. Continue completing the food package.

<no audio> Exchange the milk for powdered milk. Double-click to edit. Click anywhere for a hint.

<audio – hint> Select Nonfat powdered milk (gallons).

RF 801 Homeless 19

<audio – hint> Click the Save button.

RF 801 Homeless 20

We'll look at Food Package III in the next module.

Click the button to continue.

Test Your Knowledge

Multiple Choice Q#1

Which statement is NOT true?

- A. Risk Factor 335 – Lactose Intolerance is the only risk factor that directly affects the food items in the default food package.
- B. For Risk Factor 338 – Pregnant and Breastfeeding, the default food package is 5 unless mom is fully or mostly breastfeeding an infant, then it is 7.
- C. If a breastfeeding woman is certified as pregnant, as long as there is an existing two-way link, her new pregnancy record will remain linked to her infant's.
- D. The HOMELESS ONLY option for juice provides the full nutritional benefit for women but not children.
- E. The default for some-breastfeeding infants is the maximum amount allowed. However, we should still assess formula supplementation and decrease it if appropriate.

Answer #1

The answer is C.

Regardless of whether a two-way link exists between a breastfeeding mom and her currently breastfeeding infant, if mom is certified as pregnant, her pregnancy record is no longer linked to the infant's.

This results in two things: the system requires mom's Breastfeeding Verified Date to be updated (not just baby's) in order to suggest benefits and any updates made to mom's record must be repeated in baby's record.

End

End Slide

Thank you for reviewing this WINNIE online training module presented by the Minnesota Department of Health WIC Program.

If you have any feedback, comments, or questions about the information provided, please submit the [WINNIE Questions for the State WIC Office](#) form.

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