

Family Planning Special Projects Program

Statistical Report for State Fiscal Year (SFY) 2021 July 1, 2020 to June 30, 2021

Established by the Minnesota Legislature in 1978, the Family Planning Special Projects (FPSP) program provides low-income, high-risk individuals pre-pregnancy family planning services. Funding is targeted for individuals who would have difficulty accessing services because of barriers such as poverty, lack of insurance, or transportation. Grants are awarded to counties, Tribal governments, or non-profit organizations to provide family planning services in communities throughout the state. More information can be found in the [FPSP Fact Sheet \(https://www.health.state.mn.us/docs/people/womeninfants/familyplanning/grantsfs.pdf\)](https://www.health.state.mn.us/docs/people/womeninfants/familyplanning/grantsfs.pdf).

According to Minnesota Rule, FPSP funds can be used for public information, outreach, counseling, method provision, referrals, and follow-up care. Definitions for each component are included below.

A. Outreach

Outreach Activities include one-to-one and group activities designed to inform members of the target population about family planning and all family planning services available in the geographic area. This includes presentations at places such as group homes or colleges that provide factual information on reproductive and sexual health, including pregnancy prevention and all contraceptive methods. It also includes meeting individuals at events such as health fairs and providing information on a one-to-one basis. Note: FPSP funds cannot be used for providing any services to unemancipated minors in an elementary or secondary school building.

A 1. Number of people served by both group and one to one meetings: 46,587

A 2. Number of group sessions convened: 1,208

B. Counseling

Family planning counseling means the provision, on an individual basis, of factual information on pregnancy planning and all contraceptive methods, and the use of non-directive interview techniques to promote optimum health relative to pregnancy planning and contraception.

B 1. Unduplicated number of clients receiving family planning counseling services by age and self-reported gender, in both clinic and non-clinic settings, and for whom a client chart exists

Age	Female	Male	Trans/Non-binary*	Total
14 and under	149	17	3	169
15 – 17	1,664	194	18	1,876
18 – 19	2,189	319	48	2,556
20 – 24	4,984	849	184	6,017
25 – 29	2,851	518	92	3,461
30 – 34	1,917	321	32	2,270
35 – 39	1,439	226	16	1,681
40 – 44	874	138	5	1,017
45 and over	668	277	6	951
Age Unknown	1	0	1	2
TOTAL	16,736	2,859	405	20,000

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

C. FAMILY PLANNING METHOD SERVICES

Family planning method services means the provision to a client of their family planning method of choice, following counseling.

C 1. Unduplicated Clients by Primary Method and Age

Primary Method	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Total
Tubal ligation/occlusion	0	0	0	2	7	35	45	49	71	209
IUD - copper	1	12	30	134	83	71	53	27	18	429
IUD - hormonal	8	63	125	332	231	167	121	91	52	1,190
Implant	18	208	268	531	329	206	166	65	24	1,815
Depo-Provera	24	270	257	527	368	235	229	151	119	2,180
Oral contraceptive pills	40	563	664	1,509	778	498	290	194	105	4,641
Hormonal patch	8	73	70	125	100	62	42	23	8	511
Vaginal ring	0	34	46	119	69	49	28	13	6	364
Internal condom ("female" condom)	0	0	0	2	0	0	0	0	0	2
Cervical cap/diaphragm	0	0	0	1	2	0	1	0	0	4
Fertility awareness methods	0	3	2	2	7	1	5	0	0	20
Sponge	0	0	0	1	0	1	0	0	0	2
Emergency Contraception Pill (ECP) as only method	8	159	223	355	69	20	27	7	3	871
Spermicide used alone	0	0	0	2	1	0	0	0	0	3
Withdrawal	2	9	11	36	29	15	6	4	5	117
Other method	2	14	17	47	51	48	28	11	14	232
Method unknown	2	44	70	161	64	68	55	20	21	505
No method used*	16	89	107	415	303	186	112	44	60	1,332
Vasectomy	0	0	0	1	2	7	13	9	11	43
External condom ("male" condom)	14	202	407	1,047	595	304	177	103	90	2,939
Total	143	1,743	2,297	5,349	3,088	1,973	1,398	811	607	17,409

*This may include patients who wish to become pregnant or who are not at risk for pregnancy.

Percent of total methods that were long-acting reversible contraceptives (LARC) = **19.73%**

Total Number of Unduplicated Clients Served: **17,409**

C 2. Total Number of Emergency Contraception Pills (ECP) Provided By Age

Emergency Contraception	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Total
Emergency Contraception Pill	123	2,563	4,216	8,953	3,485	1,864	970	570	262	23,006

C 3. Unduplicated Female Clients by Ethnicity, Race and Age

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	60	23	11	6	3	7	18	128	31
15 - 17	729	337	45	145	13	81	189	1,539	318
18 - 19	1,023	426	58	142	4	119	212	1,984	402
20 - 24	2,473	801	89	297	19	263	591	4,533	1,070
25 - 29	1,571	366	57	167	7	104	327	2,599	733
30 - 34	1,065	236	42	69	1	42	262	1,717	609
35 - 39	762	172	26	51	4	24	238	1,277	579
40 - 44	468	91	11	19	2	17	133	741	374
45 and over	344	67	15	15	2	4	67	514	215
Age Unknown	0	1	0	0	0	0	0	1	0
Total (All Ages)	8,495	2,520	354	911	55	661	2,037	15,033	4,331

C 4. Unduplicated Male Clients by Ethnicity, Race and Age

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	2	5	0	0	0	0	3	10	5
15 - 17	44	63	2	5	0	7	23	144	25
18 - 19	107	97	2	9	1	10	31	257	45
20 - 24	256	228	9	32	0	34	77	636	105
25 - 29	162	156	8	18	1	27	40	412	51
30 - 34	110	77	4	9	1	6	26	233	35
35 - 39	87	28	1	3	0	4	16	139	29
40 - 44	47	19	0	2	0	1	10	79	21
45 and over	53	12	3	1	2	4	11	86	14
Age Unknown	0	0	0	0	0	0	0	0	0
Total (All Ages)	868	685	29	79	5	93	237	1,996	330

C 5. Unduplicated Clients Who Identify as Trans* By Ethnicity, Race and Age

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Total	Hispanic
14 and under	1	0	1	0	0	0	0	2	0
15 - 17	9	3	0	0	0	1	0	13	3
18 - 19	31	3	1	5	0	4	3	47	9
20 - 24	122	15	2	10	0	12	11	172	11
25 - 29	67	7	2	2	0	8	2	88	7
30 - 34	28	3	1	1	0	2	0	35	0
35 - 39	12	0	1	0	0	0	0	13	0
40 - 44	3	0	0	0	0	0	0	3	0
45 and over	7	0	0	0	0	0	0	7	0
Age Unknown	0	0	0	0	0	0	0	0	0
Total (All Ages)	280	31	8	18	0	27	16	380	30

* Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

C 6. Percent of Total Number of Clients by Ethnicity and Race

Race/Ethnicity	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Hispanic
Total	55.39%	18.59%	2.25%	5.79%	0.34%	4.49%	13.15%	26.95%

D. CHLAMYDIA SCREENING

D 1. Unduplicated Clients Tested for Chlamydia by Age and Gender

Age Group	Females	Males	Trans/Non-binary*	Total
Under 15	106	19	1	126
15-17	1,176	234	18	1,428
18-19	1,544	392	27	1,963
20-24	3,433	1,011	133	4,577
25 and over	5,245	2,336	152	7,733
Total Tests	11,504	3,992	331	15,827

* Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

D 2. Unduplicated Clients Who Tested Positive for Chlamydia by Age and Gender

Age Group	Females	Males	Trans/Non-binary*	Total
Under 15	14	1	0	15
15-17	171	43	1	215
18-19	261	103	2	366
20-24	466	244	7	717
25 and over	277	236	6	519
Total Positives	1,189	627	16	1,832

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

E. INCOME LEVEL

E 1. Unduplicated Clients by Income Level

Income Level is calculated using the Federal Poverty Guidelines produced annually by the Department of Health and Human Services (HHS).¹

Income Levels	Number of Clients	Percent of Total
Under 100%	9,483	54.47%
101-150%	2,479	14.24%
151-200%	1,986	11.41%
201-250%	883	5.07%
Over 250%	1,180	6.78%
Unknown	1,398	8.03%
Total	17,409	-

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To obtain this information in a different format, call: 651-201-3650.

¹ For updated poverty guidelines, visit the Department of Health and Human Services' website at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines/prior-hhs-poverty-guidelines-federal-register-references/2021-poverty-guidelines>.