



A free service of the
National Healthy Mothers, Healthy Babies
Coalition



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Text **BABY** to **511411** & get **FREE messages** on your **cell phone** to help you through your pregnancy & your baby's first year. The messages contain tips on how to have a healthy pregnancy and info about child development and growth.

www.text4baby.org

**She's one smart mom
She's got text4baby**

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The Minnesota Department of Health is a text4baby outreach partner. Local health departments and community organizations are encouraged to become outreach partners and help share information about this great resource. For more information and questions, go to: www.text4baby.org and click on “Partners”.

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*Protecting, maintaining
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Child and Family Health Division
Maternal and Child Health Section

Email: health.mch@state.mn.us
Phone: 651-201-3760



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