Nurse Aide Training Program and Test Site Informational Call

Nurse Aide Registry
October 9, 2023

PROTECTING, MAINTAINING AND IMPROVING THE HEALTH OF ALL MINNESOTANS

- **The Minnesota Department of Health is hosting this informational call to inform nurse aide training programs and testing sites of processes and updates.**

- **Your comments, questions and image, which may be private data, may be visible during this event.** You are not required to provide this data, and there are no consequences for declining to do so.

- **The informational call may be accessible to anyone** who has a business or legal right to access it. By participating, you are authorizing the data collected during this presentation to be maintained by MDH. MDH will be posting this on YouTube with a nonpublic link. The posting will be available for 90 days.

- **To opt out of the presentation, please exit now.**

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- Attendees are muted. During the Q&A portion, please raise your hand and we will unmute you.

- You can also submit comments or questions in the chat feature.

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- Updated Candidate Handbook
  - Updates to skill tasks
  - Update in-facility and MN State specific language
  - Candidate disputes
- Survey findings

- Four-month rule, F728
- Knowledge test time frame, October 2023
- In-facility testing update
- Quarterly testing data
- Resources

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Self-Assessment Reading Comprehension Exam

The following passages and corresponding questions will assess your reading comprehension required for the knowledge portion of the state competency evaluation. If you miss more than three (3) questions, you should consider utilizing the oral/audio option for the knowledge exam.

PASSAGE 1

Paul and Ben are twins. They are identical in features, but opposite in personality. Paul likes to wear dark colors. Ben likes to wear bright colors. Paul likes to read quietly. Ben likes to attend football games with friends.

1. Paul can be classified as an
   a. omnivert
   b. extrovert
   c. introvert
   d. ambivert

2. Ben can be classified as an
   a. omnivert
   b. extrovert
   c. introvert
   d. ambivert

3. Paul and Ben have identical
   a. noses
   b. shoes
   c. earrings
   d. tattoos
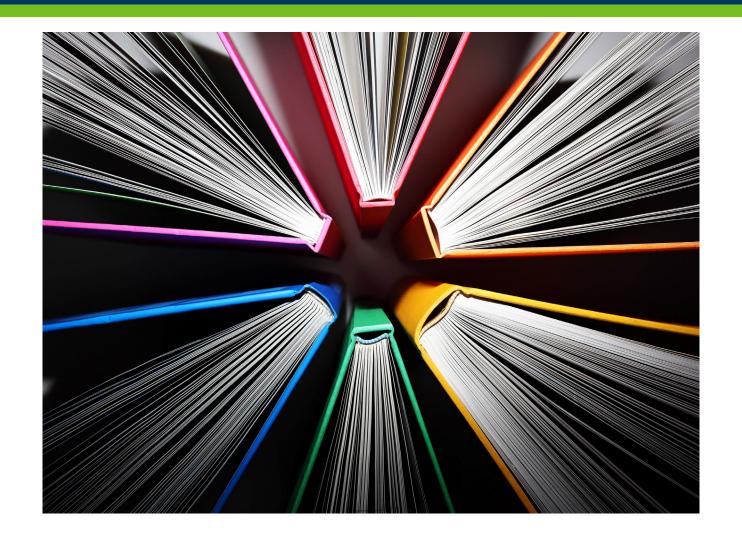
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Please answer these three questions as part of the poll in the chat:

1. Does your program utilize the self-assessment reading comprehension test in the nurse aide handbook? Yes/No

2. Have students completed the oral knowledge exam test as a result of taking the comprehension test? Yes/No

3. Has this process been beneficial for your students? Yes/No

D&S - Minnesota Nurse Aide (hdmaster.com)

UPDATES TO THE SKILL TASKS

- The Feeding a Dependent Resident and Mouth Care tasks **will be included in testing and demonstrated with a live actor**.
- The Modified Bed Bath task **will be demonstrated with a live actor**.
- The Vital Signs: Pulse and Respirations – Candidates will have the option to count the Pulse and Respirations for either 1 full minute or 30 seconds and double their recording. They will need to verbally tell the RN Test Observer which count they will be using.
- **Other updates made to the Skill Tasks are in red font and highlighted in gray**.

Minnesota Mock Skills

Updates Effective: December 11, 2023

D&S Diversified Technologies (D&SDT) – Headmaster, LLP

Minnesota Nurse Aide

Candidate Handbook

EFFECTIVE FOR TESTING: December 11, 2023

Version 6

Updates Effective December 11, 2023

Policies throughout the handbook are clarified for MN State and MN In-Facility.
Test Review Request information updated (page 21).

UPDATES TO THE SKILL TASKS

- The Feeding a Dependent Resident and Mouth Care tasks will be included in testing and demonstrated with a live actor (page 37 and pages 39-40).
- The Modified Bed Bath task will be demonstrated with a live actor (pages 38-39).
- The Vital Signs: Pulse and Respirations – Candidates will have the option to count the Pulse and Respirations for either 1 full minute or 30 seconds and double their recording. They will need to verbally tell the RN Test Observer which count they will be using (page 47).
- *Other updates made to the Skill Tasks are in* **red font and highlighted in gray** *(pages 30-44).*

Reschedules, MN State

Reschedules

MN STATE

All candidates must reschedule through their testing site and conform to test site policies for rescheduling. If you must reschedule your exam date, please do so as soon as possible. Contact the test site to conform to test site rescheduling policies.

Please note: If a reschedule request is not received <u>by your test site</u> before one (1) full business day prior to your scheduled test date, it generally will not be granted.

D&S Diversified Technologies LLP
Headmaster LLP

Minnesota Nurse Aide Candidate Handbook

IN-FACILITY

All candidates may reschedule to a new test date up until **one (1) full business day** preceding a scheduled test day, **excluding** Saturdays, Sundays and holidays.

If you must reschedule your exam date, please do so as soon as possible. You may reschedule an exam date by signing in to your TMU© record at https://mr.tmutest.com. (See instructions under 'Schedule/Reschedule into a Test Event'.)

- *Example:* If you are scheduled to take your exam on a Saturday, Sunday or Monday, you would need to reschedule by close of business the Thursday before your scheduled exam.

Scheduled test date is on a:	Reschedule online by the previous:
Monday	The previous Thursday
Tuesday	The previous Friday
Wednesday	The previous Monday
Thursday	The previous Tuesday
Friday	The previous Wednesday
Saturday	The previous Thursday
Sunday	The previous Thursday

Note: Reschedules will not be granted less than one (1) full business day prior to a scheduled test date.

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Refund of Testing Fees Paid

MN STATE

Requesting a refund of testing fees paid is different than rescheduling a test date. Requesting a refund means that you are not interested in taking the Minnesota Nurse Aide Competency exam at all. Generally, test sites do not refund any testing fees paid.

IN-FACILITY

Requesting a refund of testing fees paid is different than rescheduling a test date. Requesting a refund means that you are not interested in taking the Minnesota Nurse Aide Competency exam at all.

Scheduled in a Test Event

1) If you are scheduled in a test event, a refund request of testing fees paid must be made by filling out and submitting the Refund Request Fillable Form 1405 on D&SDT-Headmaster's main webpage at www.hdmaster.com at least **one (1) full business day** prior to your scheduled test event (excluding Saturdays, Sundays and holidays). No phone calls will be accepted.

   - **Example:** If you are scheduled to take your exam on a Saturday, Sunday or Monday, you would need to request a refund by filling out and submitting the Refund Request Fillable Form on the D&SDT-Headmaster main webpage at www.hdmaster.com by close of business the Thursday before your scheduled exam. D&SDT-Headmaster is open until 7:00PM Central time, Monday through Friday, excluding Saturdays, Sundays and holidays.

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Minnesota Nurse Aide Candidate Handbook

2) Refund requests made in the required time frame qualify for a full refund of any testing fees paid minus a $35 refund processing fee.

3) Refund requests must be made within thirty (30) days of payment of original testing fees with D&SDT-Headmaster. Any requests for refunds made beyond the 30 days of original payment of testing fees with D&SDT-Headmaster *will not be issued*.

Not Scheduled in a Test Event

1) Refund requests must be made within thirty (30) days of original payment of testing fees with D&SDT-Headmaster. Any requests for refunds made beyond the 30 days of original payment of testing fees with D&SDT-Headmaster *will not be issued*.

2) A refund request of testing fees paid must be made by filling out and submitting the Refund Request Fillable Form 1405 on D&SDT-Headmaster's main webpage at www.hdmaster.com. No phone calls will be accepted.

3) Refund requests made in the required time frame qualify for a full refund of any testing fees paid minus a $35 refund processing fee.

No Show Policy

MN STATE

If you are scheduled for your exam and do not show up without notifying **your test site** before the one (1) full business day prior to your scheduled testing event, OR if you are turned away for lack of proper identification, proper attire, or any other reason to deem that you are ineligible to test, you will be considered a **NO SHOW.** You will forfeit all test fees paid and must schedule into a new test event.

If a reschedule or refund request is not received **by your test site** before the one (1) full business day preceding a scheduled test event a NO SHOW status will exist and you will forfeit any testing fees paid and must repay the full testing fee to secure a test seat in a new test event.

MN State No Show Exceptions

Check with the test site where you were scheduled to take your test for particular No Show Exception policies.

IN-FACILITY

If you are scheduled for your exam and do not show up without notifying D&SDT-Headmaster at least one (1) full business day prior to your scheduled testing event, **excluding** Saturdays, Sundays and holidays, OR if you are turned away for lack of proper identification, proper attire, or any other reason to deem you ineligible to test, you will be considered a **NO SHOW.** You will forfeit all fees paid and must sign into your TMU© record to repay or submit a new testing fee to schedule yourself into a new test event.

These fees partially offset D&SDT-Headmaster's costs incurred for services requested and resulting work that is performed. If a reschedule or refund request is not done or received before the one (1) full business day preceding a scheduled test event, excluding Saturdays, Sundays and holidays, a NO SHOW status will exist and you will forfeit your testing fees and must repay the full testing fee to secure a new test event.

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Minnesota Nurse Aide Candidate Handbook

In Facility No Show Exceptions

Exceptions to the No Show status exist; if you are a No Show for any test component for any of the following reasons, a free reschedule will be authorized to the remitter of record providing **the required documentation is received within the appropriate time frames outlined below:**

These are examples and not an all-inclusive list. Please contact D&SDT-Headmaster if you have unique circumstances that are not addressed below.

- **Car breakdown or accident**: D&SDT-Headmaster must be contacted within one business day via phone call, fax or email and a tow bill, police report or other appropriate documentation must be submitted within **three (3) business days** of the exam date. If we do not receive proof within the 3-business day time frame you will have to pay as though you were a No Show.

- **Weather or road condition related issue**: D&SDT-Headmaster must be contacted within one business day via phone call, fax or email and a road report, weather report or other appropriate documentation must be submitted within **three (3) business days** of the exam date. If we do not receive proof within the 3-business day time frame you will have to pay as though you were a No Show.

- **Medical emergency or illness**: D&SDT-Headmaster must be contacted within one business day via phone call, fax or email and a doctor's note must be submitted within **three (3) business days** of the missed exam date. If we do not receive proof within the 3-business day time frame you will have to pay as though you were a No Show.

  * For an at home Covid test result, you will need to image (take a picture) the Covid positive test result with your photo ID together within the same image (picture) and email to minnesota@hdmater.com.

- **Death in the family**: D&SDT-Headmaster must be contacted within one business day via phone call, fax or email and an obituary for **immediate** **family only** submitted within **seven (7) business days** from a missed exam date. If we do not receive proof within the 7-business day time frame you will have to pay as though you were a No Show. (Immediate family is parent, grand and great-grand parent, sibling, children, spouse or significant other.)

- **Virtual testing issues**: D&SDT-Headmaster must be contacted within one business day via phone call, fax or email and appropriate documentation must be submitted within **three (3) business days** of the exam date. If we do not receive proof within the 3-business day time frame you will have to pay as though you were a No Show.
  - **Internet outage or issue:** Documentation from Internet provider showing outage date and times.
  - **Computer or cell phone issue:** If computer or cell phone fail to work for any reason, documentation from a computer repair technician/shop or other appropriate documentation.

Test Review Request Information Updated

PLEASE READ BEFORE FILLING OUT THE TEST REVIEW REQUEST: Please call D&SDT-Headmaster at (800)393-8664 during regular business hours 7:00AM to 7:00PM CST Monday through Friday, excluding holidays, and discuss the test outcome you are questioning before committing to sending the $25 test review request deposit. Many times, once you have further details about the scoring of your test, you will understand the scoring process and learn how you can better prepare yourself for subsequent exam attempts. If, after discussion with D&SDT-Headmaster staff, you still have a concern with your testing process that affected the outcome of your exam, you may submit a Test Review Request. If the outcome of the review is in your favor, the test review request deposit fee will be refunded to the remitter.

Test Review Requests

You may request a review of your test results or dispute any other condition of your testing. **There is a $25 test review deposit fee.** To request a review, you must submit the PDF fillable Test Review Request and Payment Form 1403 available on D&SDT-Headmaster's main webpage at www.hdmaster.com. Submit the Test Review Fee of $25 (Visa, MasterCard or debit card) and a detailed explanation of why you feel your dispute is valid **within three (3) business days** from official scoring of your test (excluding Saturdays, Sundays and holidays). Late requests will be returned and will not be considered.

Candidate Handbook, Mock Skill Changes

- Communication will be sent via GovDelivery three times prior to implementation of revised candidate handbook

- Revised candidate handbook will be posted on the Headmaster website along side the current approved handbook

- Posting the revised candidate handbook for 90 days will allow training programs to assist in preparing students for competency testing

- Effective date **December 11, 2023**

Nursing Assistant Registry

Sign up for updates from the Nursing Assistant Registry. Choose the option below for the audience that best fits your role. (You may select more than one).

If you don't select an option, you will be added to the Nursing Assistants list.

Email *

> name@example.com

☐ Nursing Assistants
☐ Nursing Assistant Training Programs
☐ Nursing Assistant Testing Sites

☐ By checking this box, you consent to our data privacy policy. *

Next

Close this window

ASSIST RESIDENT TO AMBULATE USING A GAIT BELT

1. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
2. Provide for privacy.
3. Explain the procedure to the resident. (Speak clearly, and directly, maintaining face-to-face contact whenever possible.)
4. Obtain a gait belt for the resident.
5. Adjust the bed height to ensure that the resident's feet are flat on the floor when the resident is sitting on the edge of the bed BEFORE assisting to stand. **NEW STEP ORDER DENOTED**
6. Assist resident to put on non-skid shoes/footwear BEFORE ~~assisting to~~ standing
7. **Lock bed brakes to ensure resident's safety BEFORE assisting to stand.**
8. **Lock wheelchair brakes to ensure resident's safety.**
9. Bring resident to a sitting position.
10. Place gait belt around resident's waist to stabilize trunk.
11. Tighten gait belt.
12. Check gait belt for tightness by slipping fingers between gait belt and resident.

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ASSISTING RESIDENT WITH THE USE OF A BEDPAN, MEASURE AND RECORD URINE OUTPUT WITH HAND WASHING

(One of the possible first mandatory tasks.)

1. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
2. Explain the procedure to the resident. (Speak clearly, and directly, maintaining face-to-face contact whenever possible.)
3. Provide for privacy.
4. Put on gloves.
5. Position resident on bedpan/fracture pan safely and correctly. (Pan not upside down, is centered, etc.)
6. Remove gloves turning inside out as they are removed and dispose.
7. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
8. AFTER positioning resident on bedpan/fracture pan and removing gloves, raise head of bed to comfortable level.
9. Leave tissue within reach of resident.
10. Leave call light or signaling device within reach of resident.
11. Step behind privacy curtain to provide privacy for resident.
12. When the RN Test Observer indicates, candidate returns.
13. Put on gloves. (NOTE: 2nd glove change required.)
14. Lower the head of the bed BEFORE gently removing bedpan.
15. Hold the bedpan for the RN Test Observer while an unknown quantity of liquid is poured into bedpan.

DEPARTMENT OF HEALTH

CATHETER CARE FOR A FEMALE RESIDENT WITH HAND WASHING

(One of the possible first mandatory tasks.) [DEMONSTRATED ON A MANIKIN]

1. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
2. Explain the procedure to the resident/manikin. (Speak clearly, and directly, maintaining face-to-face contact whenever possible.)
3. Provide for privacy.
4. Fill basin with comfortably warm water.
5. Put on gloves.
6. Expose area surrounding catheter, only exposing resident between hip and knee.
7. ~~Hold catheter at the meatus.~~ **REMOVE THIS STEP HERE AND REWORDED IT TO STEP 9**
8. Use water and soapy washcloth.
9. **Hold catheter at the meatus and does not allow to be pulled or tugged at any time. KEY STEP**
10. ~~While holding catheter at the meatus,~~ Wash at least 4 inches away from the meatus down the catheter (wash with strokes only away from the meatus). *NO LONGER A KEY STEP*
11. ~~Use a clean portion of the washcloth for each stroke.~~ **REMOVE THIS STEP HERE AND REWORDED IT TO STEP 13**
12. ~~While holding catheter at the meatus,~~ Rinse at least 4 inches away from the meatus down the catheter (rinse with strokes only away from the meatus). *NO LONGER A KEY STEP*
13. **Rinse using a clean portion of the washcloth for each stroke.** *Reworded to:* ⟶ **While washing and rinsing, use a clean portion of the washcloth for each stroke.**
14. While holding the catheter at the meatus, dry at least 4 inches away from meatus using a dry towel/washcloth.
15. ~~Do not allow the tube to be tugged/pulled at any time during the procedure.~~ **REMOVED STEP, COMBINED ABOVE WITH STEP 9**
16. Replace top cover over resident.

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DRESSING A RESIDENT WITH AN AFFECTED (WEAK) SIDE

1. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
2. Explain the procedure to the resident. (Speak clearly, directly, maintaining face-to-face contact whenever possible.)
3. Provide for privacy.
4. Raise bed height.
5. Keep resident covered while removing gown.
6. Remove gown from unaffected side first.
7. Place soiled gown in designated laundry hamper.
8. Dress the resident in a button-up shirt. Insert hand through the sleeve of the shirt and grasp the hand of the resident.
9. **When dressing the resident in a button-up shirt, always dress from the affected (weak) side first.**
10. Assist the resident to raise her/his buttocks or turn the resident from side-to-side and draw the pants over the buttocks and up to the resident's waist.
11. When dressing the resident in pants, always dress the affected (weak) side leg first. *NO LONGER A KEY STEP*
12. Put on the resident's socks. Draw the socks up the resident's foot until they are smooth.
13. Leave the resident comfortably/properly dressed.
14. Lower bed.

MODIFIED BED BATH- FACE AND ONE ARM, HAND AND UNDERARM

23. Assist resident/manikin to put on a clean gown.
24. Empty equipment.
25. Rinse equipment.
26. Dry equipment.
27. Return equipment to storage.
28. Place soiled linen in designated laundry hamper.
29. Lower bed.
30. Remove gloves turning inside out as they are removed and dispose.
31. Perform hand hygiene.
    a. Cover all surfaces of hands with hand sanitizer.
    b. Rub hands together until hands are completely dry.
32. Lower bed. **MOVED STEP 29 HERE**
33. Place call light or signaling device within easy reach of the resident.
34. Maintain respectful, courteous interpersonal interactions at all times.

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TRANSFER RESIDENT FROM BED TO WHEELCHAIR USING A GAIT BELT

1. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
2. Provide for privacy.
3. Explain the procedure to the resident. (Speak clearly, and directly, maintaining face-to-face contact whenever possible.)
4. Obtain a gait belt for the resident.
5. Adjust the bed height to ensure that the resident's feet are flat on the floor when the resident is sitting on the edge of the bed BEFORE assisting to stand.
   NEW STEP ORDER DENOTED
6. Assist resident to put on non-skid shoes/footwear BEFORE ~~assisting to~~ standing.
7. Lock bed brakes to ensure resident's safety BEFORE assisting to stand.
8. Lock wheelchair brakes to ensure resident's safety BEFORE assisting to stand.

DEPARTMENT OF HEALTH

VITAL SIGNS – COUNT AND RECORD RESIDENT'S RADIAL PULSE AND RESPIRATIONS

1. Perform hand hygiene.
   a. Cover all surfaces of hands with hand sanitizer.
   b. Rub hands together until hands are completely dry.
2. Explain the procedure to the resident. (Speak clearly, and directly, maintaining face-to-face contact whenever possible.)
3. Locate the resident's radial pulse by placing fingertips on the thumb side of the resident's wrist.
4. Count resident' radial pulse for one full minute, or thirty (30) seconds and then double your recording.
   a. *Tell the RN Test Observer when you start counting and tell them when you stop counting.*
5. Record your radial pulse rate reading on the previously signed recording form.
6. **Candidate's recorded radial pulse rate is within 4 beats of RN Test Observer's recorded rate.**
7. Count resident's respirations for one full minute, or thirty (30) seconds and then double your recording.
   a. *Tell the RN Test Observer when you start counting and tell them when you stop counting.*
8. Record your respiration reading on the previously signed recording form.

- Mouth Care- Brushing Resident's Teeth

- Feeding a Dependent Resident

- Modified Bed Bath –Face and One Arm, Hand and Underarm

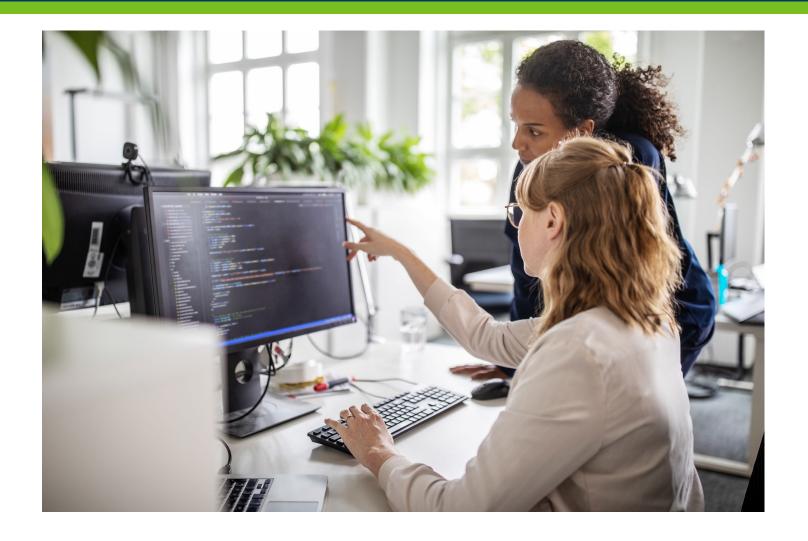DEPARTMENT OF HEALTH

- Staff from Headmaster discuss implementation of skills

- Instructors may be affiliated with different training programs in TMU

- When instructors enter students, they must choose the correct training program in which they are training under

- Training program coordinators must routinely review list of students trained for accuracy of program code

Example of Choosing Program Code

- Instructors must ensure a total of at least 75 clock hours, including 16 hours of supervised practical training, is documented and completed

- Training programs are responsible to retain all required documentation

- The documentation must be accessible upon survey visit

Program Instructors not Added to TMU

Qualified instructors must contact Headmaster to obtain login to register students

Requesting a Login for TMU©

MN State Instructor Login Request

In-Facility Instructor Login Request

Inform Headmaster of updated RN licensure or will be disabled

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SNF/NF settings are required to follow regulations set forth at CFR § 483.35 (d)(F728).

CFR § 483.35 (d)Requirements for facility hiring and use of nursing aides

- (1) **General rule.** A facility must not use any individual working in the facility as a nurse aide for more than 4 months, on a full-time basis, unless—
  - (i) That individual is competent to provide nursing and nursing related services; and

  - (ii)
    - (A) That individual has completed a training and competency evaluation program, or a competency evaluation program approved by the State as meeting the requirements of §§ 483.151 through 483.154; or

    - (B) That individual has been deemed or determined competent as provided in § 483.150(a) and (b).

Q: My nurse aide employee was hired during the PHE. She challenged the exam for the registry, passed the knowledge exam but failed skills x3 prior to September 11, 2023. Can she still work on the floor as a nurse aide?

A: No, not as a nurse aide.

Nurse aides working during the waiver (hired prior to May 11, 2023) in SNF and NF settings had 4 months to train, test, and become active on the registry to continue working as a nurse aide. On September 11, 2023, all nurse aides who worked during the waiver, must have completed training and testing to be a nurse aide.

Since she is your employee, she could be assigned to another department such as dietary or housekeeping.

Q: I want to hire a person as a nurse aide but she is not on the registry. How do I meet F728?

A: If an individual has not successfully completed a NATCEP program at the time of employment, that individual may only function as a nurse aide if the individual is currently in a NATCEP **(not a competency evaluation program (CEP) alone)** and is a permanent employee in his or her first four months of employment in the facility.

A "permanent employee" is defined as any employee the facility expects to continue working on an ongoing basis.

Q: Can I hire someone as a nurse aide who is not on the registry and then have them challenge to get on the registry?

A: No. If an individual has not successfully completed a NATCEP program at the time of employment, that individual may only function as a nurse aide if the individual is currently in a NATCEP (not a competency evaluation program (CEP) alone) and is a permanent employee in his or her first four months of employment in the facility.

A "permanent employee" is defined as any employee the facility expects to continue working on an ongoing basis.

- We are in the process of reviewing testing data from the last year

- Will determine by end of the month if plan to continue the two hour testing timeframe, or if plan to reduce the time

- Hope to have information at our next call in November

- There will be a 30-day notice given with any changes

In-Facility Test Site Update

- MDH reviewed the applications, process completed 8/31/23

- 12 sites chosen

- Headmaster coordinating training for each new test site

- Stay tuned for next application period

- Third quarter test data available

- [Training Program Test Data - MN Dept. of Health (state.mn.us)](#)

- Removed all language related to waiver

- Posted information regarding the four month rule, F728

- Nurse Aide Registry testing information page, FAQ updated

MDH Nurse Aide Registry Home Page

[Nursing Assistant Registry - MN Dept. of Health (state.mn.us)](#)

- NAR home page under employer and training program resources

- Use as reference tool

[Federal Nurse Aide Training and Competency Evaluation Program Resource (state.mn.us)](#)

[NATCEP Survey Worksheet (state.mn.us)](#)

[Nurse Aide Competency Test Site Survey Form (state.mn.us)](#)

DEPARTMENT OF HEALTH

- ✓ Updated candidate handbook and mock skill

- ✓ Survey findings

- ✓ Four month rule, F728

- ✓ Knowledge test time frame

- ✓ In-Facility update

- ✓ Third quarter test data available

- Next scheduled call is November 13th

- Check the [NAR Calls website](#) for call details and GovDelivery

DEPARTMENT OF HEALTH

Training Program Questions:
Health.NAR.coord@state.mn.us

Nursing Assistant Registry Questions:
Health.FPC-NAR@state.mn.us

NAR Home Page:
https://www.health.state.mn.us/nar

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Liz Silkey, Regional Operations Supervisor, elizabeth.silkey@state.mn.us

Brenda Fischer, Regional Operations Manager, brenda.fischer@state.mn.us

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