

2024 J-1 Visa Waiver Application

QUESTIONS AND ANSWERS

Updated October 12, 2023

Q1. What address can I submit my paper application to if my courier of choice cannot deliver to the PO box listed in the application guidance?

A1. The address listed in the application guidance is:

Minnesota Department of Health
Office of Rural Health and Primary Care
Attn: Siham Abdellah
PO Box 64975
St. Paul, MN 55164-0975

If needed for courier purposes, applicants may use this version of the address:

Minnesota Department of Health
Office of Rural Health and Primary Care
Attn: Siham Abdellah
625 Robert Street North
PO Box 64975
St. Paul, MN 55164-0975

Q2. How many applications have been submitted?

A2. There are currently fewer than 30 applications submitted. MDH historically receives more applications than it can recommend. MDH ORHPC will announce in early November whether 30 complete applications have been received. If 30 complete applications have not been received by the deadline of October 31, applications will be received on a first-come, first-served basis, until 30 complete applications have been received.

Q3. How can I write a more competitive application?

A3. Please refer to the [Minnesota J-1 Visa Waiver Application Guidance](#) for information on competitive priorities and selection criteria. Additional factors to consider when preparing an application include:

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- Providing information specific to the physician whenever possible, rather than generic language across multiple applications.
- Demonstrating retention of previous J-1 physicians beyond their initial three-year commitment.
- Demonstrating retention efforts such as relocation bonuses, commitment to sponsoring a physician's immigration beyond their initial three-year commitment, and connecting the physician's family to resources such as childcare, elder care, or employment for their spouse.
- Providing a personal statement from the physician and letters of support from colleagues or supervisors.
- Out of consideration for the committee reviewing and processing applications, please ensure the readability of information printed from webpages and minimize blank or unnecessary pages. Consider providing pdf documents instead of webpage printouts.

Minnesota Department of Health
Office of Rural Health and Primary Care
PO Box 64882
St. Paul, MN 55164-0882
651-201-3634
siham.abdellah@state.mn.us
www.health.state.mn.us

10/12/2023

To obtain this information in a different format, call:651-201-3838.