

Ku nadiifinta gacmaha nadiifiyaha gacmaha

1. Xulo ama dooro nadiifiye ugu yaraan ah 60% alkolo.
2. Ku bilow gacmo engegan, oo nadiif ah.

Markay gacmuhu wasakh ama dufan aad u leeyihiin, gacmo nadiifiyeyasha ayaan si fiican u shaqaynayn.

3. Mari in yar oo taano le'eg gacmo nadiifiye ah, hal gacan calaacasheeda.
4. Mari nadiifiyaha gacmaha oo idil ilaa ay ka qalalaan. Не касайтесь ничего, пока Waxba ha taaban illaa inta ay gacmahaagu engegeyaan

Gacmahaagu waa nadiif hadda!