



# **Family Planning Special Projects Program**

**STATISTICAL REPORT FOR STATE FISCAL YEAR (SFY) 2024**

JANUARY 1, 2023, TO DECEMBER 31, 2023

## **Family Planning Special Projects Statistical Report for the SFY 2024**

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# Introduction

Established by the Minnesota Legislature in 1978, the Family Planning Special Projects grant funds support essential pre-pregnancy family planning services for people with the least access, due to structural inequities. Grants are awarded to counties, cities, and nonprofit organizations to provide family planning services in communities throughout the state. More information can be found in the [Family Planning Special Projects Grant Program Fact Sheet \(PDF\)](https://www.health.state.mn.us/people/womeninfants/srhs/fpspfact2024.pdf) (<https://www.health.state.mn.us/people/womeninfants/srhs/fpspfact2024.pdf>).

According to Minnesota Rule, program funds can be used for public information, outreach, counseling, method provision, referrals, and follow-up care. Definitions for each component are included below.

## Outreach

Outreach activities include one-to-one and group activities designed to inform members of the target population about family planning and all family planning services available in the geographic area. This includes presentations at places such as group homes or colleges that provide factual information on reproductive and sexual health, including pregnancy prevention and all contraceptive methods. It also includes meeting individuals at events such as health fairs and providing information on a one-to-one basis. Note: program funds could not be used for providing any services to unemancipated minors in an elementary or secondary school building until July 1, 2023.

- Number of people served by both group and one-to-one meetings: 91,165
- Number of group sessions convened: 3,015

## Counseling

Family planning counseling means providing, on an individual basis, factual information on pregnancy planning and all contraceptive methods, and the use of non-directive interview techniques to promote optimum health relative to pregnancy planning and contraception.

### Unduplicated number of clients receiving family planning counseling services by age and self-reported gender, in both clinic and non-clinic settings

Age	Female	Male	Trans/nonbinary*	Total
14 and under	226	37	4	267
15 – 17	1,654	307	37	1,998
18–19	1,915	345	49	2,309
20 – 24	4,709	871	106	5,686
25 – 29	2,833	279	61	3,373
30 – 34	2,036	417	32	2,485

Age	Female	Male	Trans/nonbinary*	Total
35 – 39	1,456	294	15	1,765
40 – 44	1,032	226	4	1,262
45 and over	959	446	11	1,416
Age Unknown	809	346	0	1,155
<b>TOTAL</b>	<b>17,629</b>	<b>3,768</b>	<b>319</b>	<b>21,716</b>

\*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

## Family planning method services

Family planning method services means providing a client with their family planning method of choice, following counseling.

### Unduplicated clients by primary method and age

Primary method	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Age unknown	Total
Tubal ligation/occlusion	0	0	0	3	7	18	32	42	62	0	164
IUD - copper	0	15	25	99	92	79	52	38	22	0	422
IUD - hormonal	6	69	185	318	184	132	101	79	50	0	1,124
Implant	22	167	189	486	353	256	134	64	27	1	1,699
Depo-Provera	41	264	241	627	393	267	208	158	148	0	2,347
Oral contraceptive pills	74	475	438	1,077	595	391	252	167	118	0	3,587
Hormonal patch	12	112	83	97	76	49	31	23	7	0	490
Vaginal ring	0	30	30	78	66	49	25	17	2	0	297
Internal condom ("female" condom)	0	2	2	2	15	1	18	11	1	0	52
Cervical cap/diaphragm	0	0	1	1	2	2	0	1	1	0	8
Fertility awareness methods	0	0	17	34	29	7	2	3	3	0	95
Sponge	0	0	0	0	0	0	0	1	0	0	1
Emergency Contraception Pill (ECP) as only method	11	67	112	288	134	52	38	14	8	0	724
Spermicide used alone	0	1	0	0	3	0	0	0	0	0	4
Withdrawal	0	3	14	80	57	35	21	4	8	0	222
Other method	1	12	21	93	63	47	44	32	53	10	376
Vasectomy	0	0	0	2	5	4	4	7	8	0	30

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Primary method	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Age unknown	Total
External condom ("male" condom)	19	306	524	1,389	614	396	227	134	141	0	3,750
Abstinence	3	9	26	75	64	58	51	27	36	0	349
<b>Total</b>	<b>189</b>	<b>1,532</b>	<b>1,908</b>	<b>4,749</b>	<b>2,752</b>	<b>1,843</b>	<b>1,240</b>	<b>822</b>	<b>695</b>	<b>11</b>	<b>15,741</b>

\*This may include patients who wish to become pregnant or who are not at risk for pregnancy.

Percent of total methods that were long-acting reversible contraceptives = 20.6%

Total Number of Unduplicated Clients Served: 15,741

**Total number of emergency contraception pills (ECP) provided by age**

Emergency Contraception	<15	15-17	18-19	20-24	25-29	30-34	35-39	40-44	>44	Unknown age	Total
Plan B (or other progestin-only pills)	99	1,334	1,815	4,071	1,692	1,029	949	331	273	79	11,672
Ella (ulipristal acetate)	25	252	392	1,247	765	340	199	110	62	1	3,393
<b>Total ECP</b>	<b>124</b>	<b>1,586</b>	<b>2,207</b>	<b>5,318</b>	<b>2,457</b>	<b>1,369</b>	<b>1,148</b>	<b>441</b>	<b>335</b>	<b>80</b>	<b>15,065</b>

**Percent of total number of clients by ethnicity and race**

Race/ethnicity	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than one race	Other and unknown	Hispanic
<b>Total</b>	50%	20%	3%	6%	0.2%	4%	19%	31%

**Unduplicated female clients by ethnicity, race, and age**

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than one race	Other and unknown	Total	Hispanic
14 and under	74	50	6	14	0	9	28	181	43
15 - 17	566	377	46	191	9	42	215	1446	302
18 - 19	821	340	48	128	5	103	216	1661	403
20 - 24	2,062	785	103	215	7	172	715	4,059	1,135
25 - 29	1,220	308	67	106	9	100	531	2,341	920
30 - 34	858	192	25	55	2	43	371	1,546	642
35 - 39	590	111	24	45	2	31	253	1,056	497
40 - 44	421	76	19	19	1	12	146	694	365

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Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than one race	Other and unknown	Total	Hispanic
45 and over	325	76	15	21	0	12	108	557	266
Age unknown	25	610	0	45	0	5	125	810	38
<b>Total (all ages)</b>	<b>6,962</b>	<b>2,925</b>	<b>353</b>	<b>839</b>	<b>35</b>	<b>529</b>	<b>2,708</b>	<b>14,351</b>	<b>4,611</b>

**Unduplicated male clients by ethnicity, race, and age**

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than one race	Other and unknown	Total	Hispanic
14 and under	2	15	1	0	0	0	1	19	1
15 - 17	37	74	2	5	0	8	22	148	25
18 - 19	90	74	7	4	0	5	25	205	30
20 - 24	220	259	9	15	2	25	78	608	66
25 - 29	113	115	4	13	1	15	49	310	47
30 - 34	125	87	4	7	0	13	21	257	25
35 - 39	68	55	8	8	1	5	12	157	19
40 - 44	41	31	2	4	0	5	13	96	18
45 and over	64	47	7	2	0	2	9	131	20
Age unknown	15	261	0	20	0	8	55	359	17
<b>Total (all ages)</b>	<b>775</b>	<b>1,018</b>	<b>44</b>	<b>78</b>	<b>4</b>	<b>86</b>	<b>285</b>	<b>2,290</b>	<b>268</b>

**Unduplicated clients who identify as trans\* by ethnicity, race, and age**

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than one race	Other and unknown	Total	Hispanic
14 and under	2	0	1	0	0	0	0	3	0
15 - 17	20	2	0	1	0	2	4	29	7
18 - 19	28	6	2	1	0	5	2	44	4
20 - 24	71	7	1	3	0	4	3	89	7
25 - 29	35	0	0	0	0	3	5	43	2
30 - 34	18	1	0	0	0	1	0	20	1

Ages	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than one race	Other and unknown	Total	Hispanic
35 - 39	9	0	0	0	0	0	1	10	0
40 - 44	2	0	0	0	0	0	0	2	1
45 and over	3	0	0	0	0	0	0	3	0
Age unknown	1	0	0	0	0	0	9	10	0
<b>Total (all ages)</b>	<b>189</b>	<b>16</b>	<b>4</b>	<b>5</b>	<b>0</b>	<b>15</b>	<b>24</b>	<b>253</b>	<b>21</b>

\*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

## Chlamydia screening

### Unduplicated clients tested for chlamydia by age and gender

Age Group	Females	Males	Trans/non-binary*	Total
14 and under	171	70	4	245
15-17	1,329	423	14	1,766
18-19	1,294	404	18	1,716
20-24	3,268	1,010	41	4,319
25 and over	5,631	2,765	47	8,443
Unknown age	19	4	3	26
<b>Total tests</b>	<b>11,712</b>	<b>4,676</b>	<b>127</b>	<b>16,515</b>

\*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

### Unduplicated clients who tested positive for chlamydia by age and gender

Age Group	Females	Males	Trans/non-binary*	Total
14 and under	21	2	0	23
15-17	131	43	0	174
18-19	135	79	1	215
20-24	363	157	2	522
25 and over	182	173	1	356
Unknown age	0	0	0	0
<b>Total positives</b>	<b>832</b>	<b>454</b>	<b>4</b>	<b>1290</b>

\*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.



## Income level

### Unduplicated methods clients by income level

Income Level is calculated using the Federal Poverty Guidelines produced annually by the Department of Health and Human Services (HHS).<sup>1</sup>

Income levels	Number of clients	Percent of total
Under 100%	9,488	56%
101-150%	2,033	12%
151-200%	1,594	9%
201-250%	714	4%
Over 250%	873	5%
Unknown	2,192	13%
<b>Total</b>	<b>16,894</b>	-

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<sup>1</sup> For updated poverty guidelines, visit the U.S. Department of Health and Human Services' website at [2022 Poverty Guidelines | ASPE \(hhs.gov\)](https://www.hhs.gov/ashpe/poverty-guidelines)